LEMON GROVE REVIEW

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The DIMMER VIEW

by Max Goodwin

Skateboards Under Control

It is strictly coincidental that the Insurance Information Institute (I.I.I.) sent out a yarn on the growing skateboard accident rate the same week that the Council of the City of Lemon Grove was approving an ordinance that will ban skateboard use on the sidewalks of the downtown business district.

It wasn't a new thought for the Council. It was not triggered by I.I.I.'s fearsome message that 106,000 skateboarders had limped into hospital emergency rooms ast year as a result of skateboard incidents.

Fear had been expressed over the months by business firm operators along Broadway that young skateboarders who have crashed into showwindows might suffer severe injury. So far the skaters have been lucky. None has broken a window and thus escaped severe cuts or perhaps death from bleeding.

Be that as it may, sometime next month the City will stencil on downtown sidewalks the warning that skateboarding is illegal. And those breaking the law may face a trial and whatever penalty the court lays on the culprit.

The skateboard warning offered by I.I.I. has some interesting observations.

Skateboard safety hazard ranks next to darting from between parked cars in congested urban neighborhoods, it was said.

Although bicycles still have a solid grip on the government's ranking of hazardous products in the home, skateboards have jumped to 7th place as the most likely way of picking up a painful, sometimes fatal, injury. Last year 25 people in the U.S. lost their lives from skateboards.

From 1973 to July 1, 1977, skateboard-related injuries soared to 30 times their 1973 level.

Look:

All of the 25 deaths from skateboards involved head injuries.

One third of all the victims injured in skateboard accidents had been skating for less than a week.

Most of them were seriously hurt the first time they mounted a skateboard.

The most frequently injured skaters were in the 10-14 year age group.

Fractures represented 1/3 of all the injuries.

4 hazard patterns were recognized as the most dangerous for skateboarders. One of 3 hospital-treated injuries could have been averted if the skater had:

- avoided skating from hard to soft areas such as roadway to grass
- **stayed off public roads**
- avoided skating where trees and shrubbery were prevalent
- **kept off unimproved sidewalks and out of alleys.**

Cold or Normal Winter Could Hike Heating Bills

A cold or even normal winter will mean higher heating bills and could upset family budgets, according to San Diego Gas & Electric Co.

The utility said that warm winters the last three years had spared area residents from heavy heating bills—unlike many other parts of the country. However, a return to more normal winter temperatures could prove surprisingly costly, especially for persons living in uninsulated homes.

Since the 1973-1974 winter, the last one with normal temperatures, both gas and electric rates have risen due to inflation and higher fuel costs. In late 1973, an average bill for 500 kilowatt-hours of electricity and 70 therms of gas totaled $22.19 per month. That cost has risen to $39.61 today.

No reliable weather forecasts for this winter are yet available, according to local weather authorities. But weather watchers say the enjoyable warm weather of the past three winters does not mean the coming winter will be warm.

"This last winter was the warmest on record," said Alton T. Davis, vice president-gas for SDG&E. "The temperature maps for last winter showed temperatures were even higher than we had anticipated.

"Most customers have needed only small amounts of gas for heating during these warm winters," Davis said.

The last really cold winter was in 1949, with an average January minimum temperatuer of 39.5 degrees Fahrenheit. The normal average January minimum temperature is 45.8 degrees F, and the January, 1978, average was 54.9 degrees F.

Heating costs would be much higher if a winter like 1949 were to occur again. Using standard cost calculations, the owner of an uninsulated home living in the central San Diego area and trying to maintain a 70 degree F inside temperature would pay nearly $290 per month for electric heating or $74 per month for gas heating. A well insulated home, however, would cut these heating costs in half. Recent surveys estimate that there are more than 150,000 uninsulated structures in San Diego County.

For a cost comparison, heating during an average winter would cost the uninsulated home owner $146 per month for electric heating and $37 per month for gas heating. The warm January 1978 temperatures resulted in a cost of about $53 per month with heat and $15 for gas. These costs would be about half for an insulated home.

"These comparisons show how little gas and electricity San Diegans have had to use for heating during the past few winters," Davis said. "It also shows that money and energy can be saved with insulation."

Ceiling insulation is one of the best methods for cutting heating costs. Turning down, or shutting off, the central heating system at night is another energy saver. Special timer controlled thermostats can do this job automatically.

Other cost saving ideas include closing the fire-place damper when not in use, closing off unused rooms and their heating vents, keeping outside doors and windows closed, and weather stripping doors and windows. Closing window drapes at night helps cut heat loss. Opening them on sunny days will let in free solar heat.

A free guide, "Home Heating. How to Stay Warm and Stop Energy Waste Cold," is available from SDG&E by writing SDG&E Energy, Box 1891, San Diego 92112, or by calling the company during normal business hours.

March of Dimes' SV Spook House Open til Oct. 31

It's a thrill-a-second entertainment and a lot of fun as the March of Dimes' Haunted House continues its run at the Spring Valley Shopping Center through Tuesday, October 31.

The special fund-raising event is being conducted in the parking lot of the center, located at Sweetwater Road and Jamacha Blvd., from 7:30 to 10:30 p.m. nightly.

A donation of $2 will be asked at the door. Proceeds from the Haunted House will go toward research and education in the field of birth defects. There is free parking.

Drama students from Patrick Henry, Mission Bay and Monte Vista High Schools as well as Grossmont College and San Diego State University are involved in the production with its 15 different scenes.

Holistic Integration Is Workshop Program

"Holistic Integration: Unfolding the Inner Self" is a one-day workshop to be held 9 a.m.-4 p.m. Saturday, at the First United Methodist Church Lounge, 4690 Palm ave., La Mesa.

All have moments during which people are in touch with the inner self, there are special times when they are able to sense their own unique self, there are special times when the are able to sense their own unique beauty and strength, it was said. There are techniques, some old, some new, that can directly tap into this energy center and allow a person to function from it in everyday life. This is called Holistic Integration, a Grossmont College spokesman said.

Instructor Dr. Ronnie Edell will use tools that are designed to be gentle, yet go deep. He is director of the Institute of Holistic Potential in El Cajon.

A $10 fee is charged for this noncredit workshop which is sponsored by the Grossmont Community College District's Office of Community Education. Fee payment and registration can be completed at the door. The phone: 465-1700, Ext. 321.

Symphony Season Opens November 2

The S.D. Symphony Orchestra will open its 1978-79 season on November 2nd with an all Beethoven program featuring guest pianist Jeffrey Siegel. The program will be performed at 8 p.m. in the San Diego Civic Theatre on November 2nd and 3rd and in the East County Performing Arts Center at 2:30 p.m. on Sunday, November 5th.

Under the baton of Music Director and Conductor Peter Eros, the program will feature Beethoven's "Leonore Overturn No. 3, Opus 72A," "Concerto No. 4 for Piano in G Major, Opus 58," and "Symphony No. 7 in A Major, Opus 92."

L.G. Man's Son-in-Law Earns Bank's Presidency

John J. Morrow, 39, son-in-law of a Lemon Grove's Rear Admiral Dwight Putnam USNR, of 3055 Crane st., has been named president of the Central Bank of Glendale.

Morrow, who is married to Putnam's daughter Patricia, leaves his post as manager and vice-president of the Wilshire office of the Century Bank to take over his new duties.

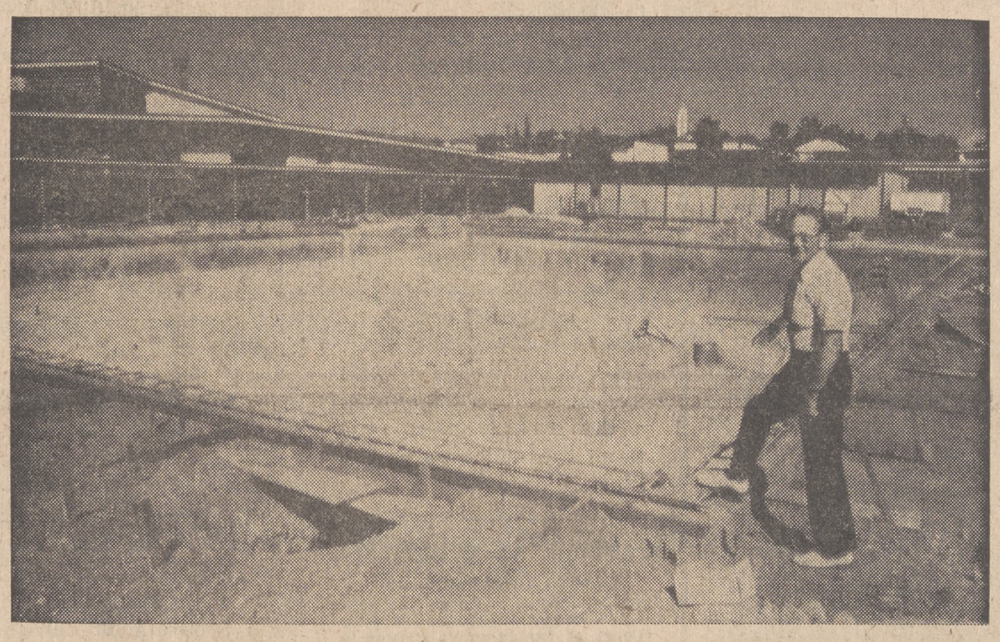
He has served with the Glendale branch of the United California Bank; First City Bank in Pasadena; Sherman Oaks office of Fidelity Federal S&L, and the Wilshire Main Office of Century Bank.

Hospital Giving Grows

Grossmont District Hospital, east county's largest employer, has announced a goal of $17,000 for its 3-week United Way/CHAD campaign. Last year the hospital exceeded its goal of $12,000.

Administrator Ron Dahlgren said that he is asking 100% participation from the approximately 1,350 employees.

BUILD THE POOL! — Dr. Robert Burns, left, vice mayor of the City of Lemon Grove, presents a check for $25,000 toward the building of the new swimming pool at Mt. Miguel High School to Lois Nossaman, Mt. Miguel principal, to the obvious delight of Dr. Leland Newcomer, center, superintendent of the Grossmont Union High School District. The $25,000 came from the city's park development fund, Burns said. Below, Homer Shreve, Mt. Miguel administrative assistant, looks over the construction site of the pool, which is expected to be complete by February of next year. A "Pool-A-Thon" Nov. 4 will raise funds for pool accessories (see accompanying story).



'THE CURIOUS SAVAGE' — The Lemon Grove Players' Adele Garland (playing Mrs. Savage) and David Forrest (as Dr. Emmett) rehearse a scene from John Patrick's "The Curious Junior High, beginning tomorrow night.
Juniior High, beginning tomorrow night.

Lemon Grove Players Open 'Curious Savage'

The Lemon Grove Players will open their production of "The Curious Savage" at 8 p.m. tomorrow in the Lemon Grove Junior High School Auditorium, with eight more performances scheduled through November 11.

The comedy by John Patrick is about residents of a board-and-care facility for mental patients. Members of the cast include Art Brown, Dr. Robert Burns, Terri Simmons, Irene Southerland, Susan Wisnosky, Richard Welsh, Adele Garland, Bill Shope, David Forrest, Kim Garland and Lani Murray.

"The Curious Savage" is directed by George Demetre.

Additional performances will be at 8 p.m. Saturday and November 3, 4, 9, 10 and 11, and at 2 p.m. this Sunday and Sunday, November 5. Tickets are $3, $2 for persons under age 16 or over age 60. Tickets will be sold at the door, or they may be purchased at Marder's Stationers, 7939 Broadway, or by calling Harold Berg at 466-1445.

To Pay For Accessories

'Pool-A-Thon' Set For Mt. Miguel Pool Fund

A "Pool-T-Thon" to raise funds for swimming pool accessories for the Miguel Community Aquatic Center at Mt. Miguel High School will be held from 9 a.m. through 1 p.m. Saturday, Nov. 4, at Guther Pool in El Cajon.

Interested persons will be asked to "sponsor," to the tune of at least $1 per lap, students, teachers and parents who will each swim up to 200 laps of the pool in the effort to raise up to $10,000.

Swimmers, who will collect on their pledges after they swim, will be limited to 200 laps or two hours of swimming, whichever comes first.

The $364,000 swimming pool now under construction at Mt. Miguel, after almost 20 years of community interest and several years of fund-raising, did not include in the construction bid such recreational and instructional items as diving boards, lane lines, lifeguard towers, rescue equipment, deck lighting and competition materials.

The pool is to be available for recreational use by residents of Spring Valley and Lemon Grove in the summer and after school during the school year, as well as serving physical education classes and interschool swimming and water polo competition for the high school.

There will be a ramp designed for wheelchair access to the pool area, and the pool itself will include a shallow side for teaching basic swimming and a 13-foot-deep section for teaching diving, scuba diving, skin diving and life saving.

Funds for the basic pool construction included money donated by the Grossmont Union High School District ($100,000), the San Diego County Recreation Department ($100,000) and a transfer of funds in the Mt. Miguel budget ($50,000), as well as $30,000 raised by Lemon Grove and Spring Valley citizens (under the banner of the Miguel Community Aquatic Committee) and a $25,000 donation from the City of Lemon Grove (see accompanying photo).

The Pool-A-Thon is open to anyone who wants to swim, said Rita Taylor, co-chairwoman, Mt. Miguel Aquatic Parents. Each swimmer should obtain a sponsor sheet from the high school, 1800 Sweetwater rd. in Spring Valley, solicit pledges from neighbors, relatives, church groups and other organizations, and present the sponsor sheet to an official at the pool the day of the event.

Any citizen wishing to pledge or make a donation may call 463-5763 or 465-7621 or send checks to "Pool Accessory Fund" at the school.

$46,000 For City From Sales Tax

The City of Lemon Grove received $46,250 as its share of the $77 million sales tax and use tax October allocation of receipts distributed by the State Board of Equalization.

Judges Must 'Clean up Court Mess'—Crobarger

Attorney Roger C. Crobarger, seeking a judgeship in the El Cajon Judicial District, said it is largely up to individual judges to "clean up the mess in the courts."

"The way it is now," he said, "most courts will schedule all matters of a certain sort to be heard at 1:30 p.m. All attorneys must be present at that time. If an attorney has to wait 2 or 3 hours to present a matter which only takes 5 minutes, it's the client who ends up having to pay. Judges could tell their clerks to schedule some matters at 1:30 p.m., some at 2 p.m., some at 2:30 p.m., and so on. Judges are responsible for how their courts are run. But how many take the trouble to see that they are run economically and efficiently?" he asked.

"Many judges have the attitude that they have come to the bench to retire," Crobarger charged. "In San Diego County, almost all of the judges have been appointed. This year, with so many challengers for their jobs, it looks like they are trying to protect their positions by banding together to prevent future opposition. In Los Angeles and Arizona, virtually every judge runs opposed. And you will find that in those areas, the judges are much more responsive to the people. Judicial elections are the only way to insure judicial accountability" he said.

Crobarger said that the courts are one of the most wasteful branches of government. This must be changed, he said.

"The El Cajon Municipal Court is a people's court" said Crobarger, an attorney whose clients are middle income Americans and Bein understands paper better than he does people," he said of his opponent, incumbent Judge Richard H. Bein. "Bein never had a client. He spent most of his legal career in the appellate division of the District Attorney's office—which means that he worked with paper, with legal issues, not with people.

"Bein was rated 68th out of 68 among all the judges in San Diego County in the area of impartiality. This means, 225 lawyers who appeared before him rated him in effect the most biased judge in the County. Surely El Cajon deserves better," he said.

Sharon Haynes Rea Heads SV UW/CHAD

Sharon Haynes Rea, manager and assistant vice president of California First Bank, Spring Valley, is heading the Spring Valley drive for the UNITED WAY/CHAD Combined Campaign.

Rea, a resident of La Mesa, is leading a team of volunteer campaigners calling on members of the Spring Valley business community.

She was appointed to her volunteer position by Ben Polak, East County chairman, and president of Harbor Management Corp.

Rea is chairman of the National Assn. of Bank Women; treasurer of the President's Council of Women's Service, Business and Professional Clubs of San Diego; secretary/ treasurer of Casa de Oro Business Assn., and a director of the S.V. Chamber of Commerce.

She and her husband, Joseph, are parents of one son, Stephen, 15.

'Better Than Rummage' Sale is in L.M. Today

The 28th Annual "Better Than Rummage Sale" sponsored by Evening Belles Section of La Mesa Woman's Club will be held at the La Mesa Woman's Clubhouse, 5220 Wilson ave., in La Mesa, today noon-9 p.m. and Friday 9 a.m.- 3 p.m.

The public is invited to come early and browse among a variety of items of housewares, small apliances, jewelry, shoes, books, clothing, etc.

Proceeds will go to local philanthropies.

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John Gizo

Paid for by Friends of Pete Chacon, P. O. Box 1328, San Diego, CA 92112

Author-Athlete to Conduct Bible Memory Seminar Sat.

"A Day to Remember," a Bible Memory Seminar with Jerry Lucas, will be presented by Memory Ministries Saturday. Interfaith Bible Teaching will sponsor the seminar at Faith Chapel in La Mesa, 9 a.m.-4 p.m. For registration call 469-9672.

Lucas, formerly a professional basketball star, will be teaching simple and effective principles of memory. The focus of the seminar will be Scripture memory. The memory techniques, however, are excellent for application in everyday practical living.

Lucas, a dynamic speaker and teacher, has conducted seminars across America and in several other countries. He is co-author of the best selling "The Memory Book," and author of the Christian best seller, "Remember the Word." He appears on national television talk shows.

Lucas has had a long and successful career in basketball. As a Phi Beta Kappa student at Ohio State U. he was a 3-time All-American; 2-time College Player of the Year. He was an Olympic Gold Medal Winner in the Rome games of 1960, and SPORTS ILLUSTRATED magazine's Sportsman of the Year in 1961.

The public is invited.

Area Births

Television continues to be the second-favorite night-time entertainment in Lemon Grove and Spring Valley, as the following births were recorded through Oct. 13 at Grossmont Hospital:

Oct. 12: A daughter, Laura Esther, born to Mr. and Mrs. Juan Avila of Lemon Grove; a daughter, no name available at presstime, born to Mr. and Mrs. Benjamin R. Valdez of Spring Valley.

Oct. 13: A daughter, no name available at presstime, born to Mr. and Mrs. John Charles of Spring Valley.

Delta Chi Sigma Fashion Show Will Aid Charity

Delta Chi Sigma Sorority will hold a charity fashion show and luncheon Saturday, November 4, at 11:30 at the Fiesta Dinner Theatre in Spring Valley. It will benefit the Children's Hospital and Health Center. Fashions will be presented by Fashion Town.

Mrs. Neil Zitren, chairman of the event, said the theme is to be "Fall Fashions." Mmes. Fred Miles and Eric Renneau will use a scarecrow, corn husks and Autumn leaves for decorations.

A boutique is planned by Mrs. Sam Zullo.

Mrs. Donald Brennan will be in charge of the door prizes and raffle. Other committee chairmen are: Mmes. J. E. Christiansen, Henry Rives and William Hazelrigg.

Tickets can be obtained by calling 460-3863.

30th Anniversary Show for Hitchcock

In celebration of Marie Hitchcock's 30th annual Halleween puppet show for children at the San Diego Public Library Saturday 28, the recently formed Friends of the Library Saturday, the rements and decorations.

The "Spooky Strings" show, beginning promptly at 10:30 a.m. in the Children's Room at 820 E st., is offered free to all boys and girls in San Diego.

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Tammy Dockery ..... Receptionist, Bookkeeper
Ralph Lambert ..... Lino Operator, Machinist

Services Held For Musician

Funeral services were held Friday for Dwanda Hammontree, 40, who died Wednesday at Grossmont Hospital after a year's illness.

She was a musician known professionally as Dwanda Hammer and was frequently referred to as "The Madonna of the Drum." During part of her 18 years as a professional musician, she was a member of the "Cold, Cold Hearts," a female Country and Western group headed by Audrey Williams, the widow of Hank who gave fame to the song "'Cold, Cold Heart." She also played many San Diego clubs. She was described as a "Fantastic Knockout musician" by a San Diego newsman in a story.

For 5 years Mrs. Hammontree was an inspector for Data Graphics in San Diego.

She was a member of the S.V. 1st Mormon (Latter Day Saints) church and a family member said that members of the church "brought her comfort during the years she was ill as they offered help day and night."

She is survived by 2 daughters, Cynthia and Sandra; 2 sons, Ronnie and J.T.; her mother; a brother and 4 grandchildren.

Trinity Women Sponsor Bazzaar

The Women's Association of Spring Valley's Trinity Presbyterian Church will sponsor a fund-raising bazaar with the theme "'It's a Small World's Fair" from 11 a.m. through 8 p.m. Saturday, Nov. 4 at the church, 3902 Kenwood dr.

Luncheon will be available from 11 a.m. through 3 p.m., and bazaar items for sale will include handmade crafts, leather crafts from a Mexican school for the deaf, plants and baked goods.

Proceeds will benefit various missionary programs.

Knoepp at Center

Terry Knoepp, Republican candidate for the 78th State Assembly District seat, will speak at a candidates night at the Jewish Community Center, 4079 54th st., Sunday at 7:30 p.m.

On Wednesday, Knoepp will speak to students of the North Shores Adult College, at 7 p.m. in the auditorium of Mission Bay High School, 2475 Grand ave.

N.Y. 5¾ TO 3 MIL

The U.S., with 5,785,935, has a larger population of Jews than Israel, which has 3,059,000. New York heads the list with 1,998,000.

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POSTERS, ANYONE? — Members of William Heidbreder's 6th grade class at Spring Valley Elementary School show the posters which won for them special merit awards in the school's recent poster contest to promote its Halloween carnival Oct. 31. The carnival will be from 5 through 9 p.m. on the school grounds and will include 16 game booths with five-cent tickets, refreshments, two cakewalk booths and a haunted house. In the picture, left to right, are: David Vergani, Julie Wilson, Monica Summers, Heidbreder, Dede Duschane and Providenza Tarantino. Posters are on display in shops throughout Spring Valley, and all area residents are invited to the carnival.

A GEM OF A DISPLAY — Herb Shaffer, owner-operator of the Shaffer Gem Center at 3270 Main St. in Lemon Grove, shows the display of gems and fossils he'll have on display at this weekend's "Gemboree" in Kearny Mesa. At right are amethyst logs from Brazil; in front of Shaffer is a fossil Ammonite and left foreground are fossils of the Mesosaurus Braziliensis.

LG Dealer at Weekend Show

Gem Expert to Show Wares

Lemon Grove gem expert and collector Herb Shaffer, owner-operator of the Shaffer Gem Center at 3270 Main st., will show several of his prize specimens and deliver two lectures at this weekend's San Diego County "Rockhound Gemboree" in Kearny Mesa.

The "Gemboree," hosted by the Convair Recreation Association Rockhounds, will include competitive and non-competitive exhibits of gems, dealers, demonstrations, entertainment, refreshments and "donation prizes."

Hours will be 10 a.m. through 9 p.m. Saturday and 10 a.m. through 6 p.m. Sunday at the Al Bahr Shrine Temple, 5440 Kearny Mesa rd. Admission is $1.25 per person (one ticket is good for both days), children under 12 free if accompanied by an adult.

Shaffer said his exhibit will total "about $8,000" in value, and will include several amethyst logs from the State of Rio Grande de Sur in Brazil, as well as fossil specimens from Brazil and Mexico.

The fossils are of an Ammonite — an ancestor of the squid which existed between 65 million and 395 million years ago — and of a small creature called the Mesosaurus Braziliensis, 280 to 300 million years ago. Shaffer obtained the fossil Ammonite in Mexico, the other in Brazil. The items in his exhibit will also be for sale, he added.

Shaffer will also lecture on jewelry design, another specialty of the Lemon Grove gem center, at 11:30 a.m. both days of the "Gemboree."

Use Paint, Not Masks

Tips For Halloween Safety

As more than three million California school children prepare for their annual trick-or-treat trek from door to door this Halloween, the Insurance Information Institute warns parents and motorists of the potential hazards of Halloween activities.

According to the Institute, the highest incidence of accidents involving pedestrians is among children ages 5 to 9. The rate of these accidents increases sharply at night, especially in urban areas.

The Institute stresses the importance of children being able to see where they are going. Parents should make sure that the child's vision is not obstructed by masks and that costumes are not loose fitting garments that may cause the child to trip and fall.

The Institute offers the following safety tips:

— Never allow young children to trick or treat alone.

— Use make-up instead of masks or headgear that obstruct the child's vision.

— Use reflective tape on dark colored clothing and on trick and treat bags.

— Make sure that all costumes are made of non-flammable material.

— Do not use lighted jack o'lanterns or candles near children or flammable materials such as paper decorations.

— Inspect all treats before allowing children to eat them.

— Plan Halloween parties at home or at neighborhood facilities whenever possible.

Motorists are advised to drive slowly and be alert in case a child darts out from behind parked cars. The Institute also urges motorists to honk their horn occasionally on dimly-lighted residential streets and to be extremely cautious when backing out of driveways. One final word of caution to motorists — **KEEP YOUR SPEED DOWN.**

Although not all Halloween hazards can be eliminated. hazards can be eliminated, help make this Halloween safer for millions of youngsters by observing these safety tips.

Free Entertainment Stars S.D. Ballet

A 2-day program of entertainment featuring the San Diego Ballet is scheduled for Saturday and Sunday in El Cajon.

It will be 10 a.m. - 9 p.m. on Saturday and 11 a.m. - 6 p.m. on Sunday at Wickes and it's free.

The program will be varied. Ballet dancers will attempt to teach disco and athletes will show exercises. TV personalities will be present, too. Part of the program will be on the firm's parking lot at 965 Arnele ave.

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Church Services

LEMON GROVE LUTHERAN CHURCH
2055 Skyline Drive at Alton Drive 465-7301
Rev. Herbert Johnson, Pastor
Rev. James Thompson, Jr., Asst.
8:15 a.m. Worship Service
9:30 a.m. Sunday Schol 10:30 a.m. Worship Service

FIRST BAPTIST CHURCH OF LEMON GROVE
2910 Main Street P.O. Box 235
Robert Kleinschmidt, Pastor Phone 460-4811, 465-9794
Sunday Bible School 9:30 a.m.
Sunday Worship Services 10:50 a.m., 6:00 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.

THE UNITED METHODIST CHURCH OF LEMON GROVE
3205 Washington Street 466-3291
Dr. William R. Stephenson
M-F Weekday Pre-School for 3-5 Year Olds
9 a.m. Church School (Children - Adults)
8:30 a.m. Informal Worship 10:30 a.m. Worship Service

SPRING VALLEY FRIENDS CHURCH
Bancroft at Kenwood
Robert D. Farris, Pastor 466-3339
Sunday School Hour 9:30 a.m.
Worshop Service 11:00 a.m.
Sunday Evening Family Hour 6:00 p.m.
Wednesday Bible Study Groups 7:30 p.m.

The heavens declare the glory of God; and the firma ment sheweth his handiwork.
Day unto day uttereth speech, and night unto night sheweth knowledge.
Psalms 19: 1-2

ST. PHILIP'S EPISCOPAL CHURCH
Palm at Hardy Drive, Lemon Grove
Rev. Kenneth R. Johnson, Rector 466-8055
SERVICES: Sundays, 8 and 10 a.m. Wednesdays, 10 a.m.
Church School and Nursery Care, Sunday, 10:00 a.m.

LEMON GROVE CONGREGATIONAL U.C.C.
2770 Glebe Road 466-0503
Worship 10 a.m., Church School 9 a.m., Nursery Care
Adult Forum & Bible Study 11 a.m.
"A Community Church"
Reverend Fred Bradley

SKYLINE WESLEYAN CHURCH
1345 Skyline Drive, Lemon Grove
Skyline Drive at Jamacha Road
Rev. Orval C. Butcher, Pastor Phone 460-5000

Worship Service	9:30 and 11:00 A.M.
Sunday School	8:15 9:30 and 1:00 A.M.
Children's Church	9:30 A.M.
Sunday Evening Expression	5:30 P.M.
Wednesday Evening Bible Involvement	7:00 to 8:30 P.M.

HOME-COOKED

This Week's RECIPE

Cheesey Egg Noodle Bake

Does every item you pick up in the supermarket have a higher price? There is one food item that hasn't kept pace with spiraling inflation — the egg. You get highest quality protein, vitamins and minerals at bargain prices.

Try Cheesey Egg Noodle Bake for a surprisingly hearty and easy main dish tonight. Your pocketbook, and your family, will be pleased.

Cheesey Egg Noodle Bake

- 5 hard-cooked eggs, sliced
- 1½ teaspoons instant minced onion
- 1 teaspoon salt
- ¾ teaspoon mixed Italian seasoning
- 1 package (7 to 8 oz.) egg or spinach noodles, cooked and drained
- 1 cup ricotta cheese
- 2 cups shredded Mozzarella cheese
- 1½ cups milk, heated until very warm (do not boil)
- 3 eggs, beaten

Reserve 8 center egg slices for top layer. Combine onion, salt and Italian seasoning; set aside. Layer ingredients in buttered 2-quart casserole as follows:

1/3 of the noodles (about 1¼ cups), ½ of remaining egg slices, 1/3 cup ricotta (dropped by spoonsful), 2/3 cup shredded Mozzarella and 1/3 of the reserved seasonings (about 1 teaspoon). Repeat with remaining ingredients.

Gradually add hot milk to beaten eggs. Pour over layered casserole. Bake in preheated 350-degree oven 1 hour. Let stand 10 minutes before serving.

Beta Sigma Phi To Honor Queens

Tierra del Sol Area Council of Beta Sigma Phi will hold its 2nd annual ball honoring the Chapters Queens at the American Legion Hall in La Mesa Saturday.

Mrs. Edward Finley of Lemon Grove is ball chairwoman, and Mrs. Robert Harding of La Mesa, co-chairwoman. The Autumn Ball will be carried out in fall colors of candles and chrysanthemums.

Jack White of Channel 10 will be the emcee for the evening.

2 Events on Tap For Women's Clubs

Las Donas Past Presidents Club of Southern District No. 26, California Federated Woman's Clubs (SD 26 CFWC), will have a No Host Surprise Champagne Luncheon at Regency Park, 5740 Lake Murray blvd., La Mesa, Tuesday.

Registration is at 9:30 a.m. with the meeting following.

Miss Lewis of "The Nine Patch" will present the program "Holiday Tips on Decorating and Gift Wrapping."

The club, composed of post presidents of Federated Woman's Clubs, meets only on the fifth Tuesday of a month.

On November 1, "Fall Potpourri," the theme for the Fashions and Cards Luncheon will be presented by the Las Donas Past Presidents Club SDCFWC.

The Accessory - Fashion Wardrobe show by Bullock's will be at the La Mesa Woman's Clubhouse at noon.

Nadine Maczko, Immediate Past President of Southern District No. 26, is chairman. Lavena Conn and Aline Wittenkiller are on the Decoration Committee and Mary Vlach is in charge of the Opporunity Drawings.

Tickets are $5 and may be purchased from Las Donas club members or by calling Dorothy Mitchell, ticket chairman, at 448-0168.

The show is the club's only fund raiser for the year. Last year the Burn Center and the Institute for the Blind shared in the proceeds.

The Big Port

Montreal has one of the largest inland seaports in the world.

Appeals Judge Speaker at Women & Law Conference

The Honorable Joan Dempsey Klein and Alice Lytle will be the keynote speakers at the 8th Regional Conference on Women and the Law which will be held tomorrow thru Sunday in San Diego. They will address conferees at the Judge's Banquet on Saturday night, honoring the women who serve as judges throughout the seven far western states.

The conference will be at the U. S. Grant Hotel, 326 Broadway, downtown.

Joan Dempsey Klein, formerly of the Los Angeles Superior Court, is a justice of the California District Court of Appeals, and is considered one of the finest jurists in the state. Alice Lytle is the chief of the Division of Fair Employment Practices for the Department of Industrial Relations of the state of California. Ms. Lytle is acknowledged as a leader in the area of fair employment practices.

In addition to the Judge's Banquet, the conference will feature a Saturday luncheon panel on "Women and Power" as well as 26 workshops which will explore such topics as Child Abuse; Discrimination in Employment; Education and Athletics; Lesbian Rights; Bar Politics; Women in the Courtroom; Third World Women; and for the new practitioner, Hanging Out Your Shingle.

Workshops will be 90 minutes long with approximately half the time devoted to panel presentations and half to discussion. Featured panelists include: Dr. Herma Hill Kay of Boalt; Barbara Landers of the California State Department of Education; Tish Sommers of the NOW Task Force on Aging; San Diego Deputy District Attorney Judith Rowland; Andrea Ordin, U.S. Attorney for Los Angeles; Beatrice Williams Kemp, California Deputy Attorney General; and Margo St. James, founder of COYOTE, an organization for prostitutes' rights.

Registration for the conference will be held tomorrow, beginning at noon. Live entertainment tomorrow night will include a presentation of Ursula Molinare's one-act play, "Breakfast Past Noon," performed by San Diego actresses Kit Goldman and Aleta Minard.

For more information or for the conference office, 232-2636 or 2331-0300.

Psychiatrists Provide Program

"I Want to Change, but I Don't Know How" will be the topic of a lecture on stress reduction to be given by Drs. Randy Read and Tom Rusk, Clinical Professors of Phychology, U.C.S.D., at the November 2nd meeting of Parents of Adult Schizophrenics.

The meeting is scheduled for 7 p.m. in Friendship Hall of University Christian Church, 3900 Cleveland ave.

Family members of the mentally ill, friends and concerned persons are invited.

PAS meetings are held the first and third Thursdays of each month.

'Norman' Opens At Lodge Friday

"Norman, Is That You?" gets off the ground in the auditorium theatre of the Monte Vista Retirement Lodge, Friday at 8.

The play was originally scheduled for a week earlier but technical difficulties created a week's delay.

The play is scheduled for Fridays and Saturdays for the next 3 weeks with a matinee the first Sunday at 2.

Monte Vista is at 2211 Massachusetts in Lemon Grove.

LG Woman's Club Meets Tomorrow

The Lemon Grove Woman's Club will meet beginning at 1:30 p.m. tomorrow at the Club House, 2810 Main st. in Lemon Grove.

Mrs. Emmett Phares will preside. Under new business Mrs. Hal Crow, parliamentarian, will read changes in by-laws recommended by the board of directors. Mrs. John Gannon will then present the program.

Hostesses for the social hour will be Mrs. D. D. Lairsey and Mrs. C. B. Goldthorpe.

Host Families Sought For Foreign Students

The American Language and Culture Programs at San Diego State University are seeking host families for students from many nations who have come here for intensive training in the English language and a better understanding of American culture.

The visiting students' campus and classroom experiences can be greatly enhanced by visits with local families in their homes, or family outings or by accompanying them to cultural sporting events. Of particular interest to foreign students in November will be the Thanksgiving holiday which is one of this country's unique traditional holidays.

Families and individuals who would like to participate and to share the true spirit of Thanksgiving with someone from anohther culture may call Arlene Van de Wetering, Community Coordinator, at 286-5907.

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Johnson's Dental Floss 50 yards or Reach Toothbrush 69¢
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AUTHOR
Brief History of San Diego County, Historical Landmarks, The Texel Affair, The Gospel According to Pontius Pilate.

NATIONALLY RECOGNIZED
Appointed by President Carter to the board of AMTRAK.

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GOOD NEIGHBOR
Born and raised in San Diego, teacher, veteran, Jim and his family live in East San Diego.

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Chargers in Oakland For a 1 p.m. Sun. Game

The Chargers travel to Oakland to meet their Worthy Antagonists Sunday for a 1 o'clock game at the Oakland-Alameda County Coliseum.

The Raiders lead 23-12-2 lifetime after a 21-20 victory at San Diego Stadium earlier this season. The pathos of the game came when the Chargers were leading 20-24 with only 10 seconds remaining in the game. The lead went to the Raiders when Oakland quarterback Ken Stabler was sacked at San Diego's 23-yard line by linebacker Woodrow Lowe—a splendid play. The fumble, tho, was recovered by Raider Dave Casper—the final play of the game—for the winning touchdown.

San Diego is now 2-6; Oakland 5-3.

Don Coryell of the Chargers and the Raiders John Madden have faced each other only once before. Madden defeated Coryell when Coryell coached the St. Louis Cardinals. That game was on October 7, 1973 in Busch Stadium. Raiders 17—Cardinals 10. Coryell and Madden, however, worked together early in their coaching careers.

Coryell hired Madden as defensive coordinator of his San Diego State team in 1961 and during the 3 seasons that Coryell and Madden coached together San Diego State posted a combined record of 27 victories and 4 defeats, culminating with an 11-0 record in 1966 that produced a national College Division championship for the Aztecs and helped elevate Madden to the Raiders as linebackers coach the following season. Madden became head coach in 1969.

San Diego State's 11-0 record in 1966 has been equaled once in school history . . . by Coryell's 11-0 1969 team. The 1966 team sent more players into the NFL the following year than any other Aztec team. The Chargers drafted three of the players coached by Coryell and Madden: defensive back Bobby Howard (Round number 2), running back Nathan Jones (No. 6), and flanker Craig Scoggins (No. 15). Others drafted were quarterback Don Horn (Green Bay, No. 1), defensive end Leo Carroll (Atlanta, No. 2), defensive back Bob Jones (Chicago, No. 2), running back Don Shy (Pittsburgh, No. 2), and defensive back John Williams (Philadelphia, No. 7).

KSDO (1130) begins radio coverage at 10:45 a.m. Sunday. NBC will televise the game with Curt Gowdy and John Brodie broadcasting.

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Gross Show on Ch 6

Jerry Gross is now seen Saturdays at 11:30 a.m. on Channel 6 with his "Gross on Sports" show.

The half-hour program features game footage from the past week covering all San Diego teams, a special segment on women as well as interviews and commentary.

Each week Gross will go on location for his "show within a show," spotlighting high schools and their coaches.

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Standings Listed In Local Soccer

Standings in 4 levels of the local Atlas United Soccer Club are listed. Players are boys and girls 5-18 playing coed soccer at 2 sites every Saturday. Games are at the Lemon Grove Park and at Mt. Miguel High school.

The league is composed of 21 teams playing at 3 levels of competition—"A" new players; "AA" previous soccer experience, and "AAA" experienced players in countywide cup competition.

Standings show wins, loses and ties:

Div. 2 AA—Atlas, 4-0-0; Strikers, 4-0-1; Blue Crusaders, 2-0-2; Black Crusaders, 2-1-1; Gold Crusaders, 2-3-0; Cosmos, 2-3-0; Coronado, 0-4-0, and Black Sheep, 0-5-0.

Div. 5A — Cosmos, 2-0-1; Sockers, 2-0-0; Cobras, 1-0-1; Tritons, 0-2-0, and Roadrunners, 0-3-0.

Div. 3A—Gunners, 3-0-0; Kicks, 3-1-0; Goals, 2-1-1; Toros, 2-1-0; SDU Kicks, 2-1-0; B&S, 2-1-0; Atlas, 1-3-0; No Name, 1-3-0; Hornets, 0-2-2, and Cobras, 0-3-1.

Div. 6A — Mustangs, 1-0-1; Strikers, 1-1-0, and Pintos, 0-1-1.

Div. 6AA—Panthers, 3-0-0; Bobcats, 2-0-1; Truckers, 1-1-1; Broncos, 1-2-0; Tigers, 1-2-0, and Rowdies, 0-3-0.

SB Entries Grow For NASCAR Event

Modified champion Rick Becker of Highland, Bob Forster Jr. of Pomona and Dan Simkins of Santa Maria head a list of early entries for the big two-day NASCAR Open Competition stock car racing show at South Bay Park Speedway 117, November 4-5.

Track president Don Basile said he has already received 13 entries, the largest number he has received for such an event so far in advance. He anticipates approximately 50 qualifiers for the 100-lapper, final major event for the super stocks and modified racers this season.

Time trials will open the November 4 program at 7 p.m. with four 10-lap heats for qualification spots and a consolation to follow. On November 5 (Sunday), the program will begin at 2 p.m. with a trophy dash, 25-lap semi-main and 24-car, 100-lap finale.

Twin Devils Pro Wrestling Title Tested

The Halloween Night professional wrestling card at the S.D. Coliseum will be preceded by treats for the youngsters and cash prizes for best costumes.

In the ring, The Twin Devils defend their American Tag Team title against Pedro Morales and Black Gordman.

The Continental Lover squares off with Don Diamond and the loser leaves town.

Bad, Bad Leroy Brown grapples with GO; Hector Guerrero meets Mike Hammer and Goliath engages Del Adams.

It all starts Tuesday at 7:30. The Coliseum is at 15th and E sts. downtown.

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TAKE FIVE

by John E. Wirges

"Hope," said Sir Walter Scott, "is brightest when it dawns from fear."

It is that kind of hope that cries for a spanking breeze to fill the San Diego Clippers' canvas in the National Basketball Association race. Unfortunately, the Clipper Ship is having a tough time casting off its mooring lines and getting away from the dock.

But that doesn't mean that everything in the furnace is red hot, Charlie. Things could be one helluva lot worse.

Ask Swen Nater, the Clipper ship's mainmast usually seen hustling into position for a rebound just hoping Gen Shue's gunning guards hold off on the firing line until someone of size can get into the "catch-it-when-they-miss" zone.

Nater knows the NBA to be a long and hard taskmaster. And with what has to be considered, at best, a semi-veteran expansion team, and a schedule that looks as if it were made by an inebriated monkey throwing darts at a calendar, the Clipper trip of '78-79 could be even longer than usual.

But is Nater sad? Is he unhappy? Does he, at times, wish he'd taken up some other line of work, like banking, bond brokering or playing golf?

The answer is not just no, but hell no. He loves what he does and even more importantly, he loves where he is doing it.

Nater would be semi-happy playing basketball anywhere, even in the frozen wastes of the Arctic, which, by the way, is where he played last year.

Swen is one of the survivors of the Buffalo herd on which Irv Levin laid his brand during operation Big "B" switch when he traded off Boston for Buffalo and restored order to the world of the NBA by switching the franchise to San Diego and eternal sunshine (between the late night and early morning low hanging clouds).

Playing in Buffalo puts steel in one's backbone, iron in one's soul and, of course, roses in one's cheeks.

Buffalo fans are a hardy bunch. They'd set out by snowmobile and dog sled and gather at a relic of the W.P.A. hard by the Arctic wind-swept corner where the Niagara River is frozen to the northeast corner of Lake Erie, referred to by local politicians as War Memorial Auditorium.

No one mentions to just which war they refer, but the building was there long before Hitler invaded Poland.

But in this discourse that is of little matter. Nater used to walk to work, because for long months that was the only way to get there. He had to take special care not to step on little metal rods sometimes sticking up through the snow.

"Those are radio antennas," he explained. "Sometimes that is the only way to find a car. Then you dig down and see if anybody is still trapped in it." They live life pretty raw in Buffalo. Survival is a daily concern.

For an athlete to exist under those conditions is strong testimony to his dedication. For him to play well is almost a miracle. Nater not only played well in Buffalo, he actually blossomed as one of the best backboard pluckers in the game.

And then came word from the warden that a reprieve had been engineered and San Diego was to be his new home.

Great joy dwells more in the heart than on the tongue. It adds a skip to one's step, a smile to one's face and a twinkle to one's eye. It can also add years to your career and great achievement to your labor.

Nater is a man of fine wit and great charm. His smile is always at the ready and his laugh is warm and easy. If it seems he gives a bit of extra effort racing down court to out-leg the other tall timbers straining at the hoop, perhaps it is just his way of saying how overjoyed he is doing what he loves to do in a place he loves to be.

You'll see it when you visit the Sports Arena. There ar a lot of happy Clippers. But those who plied their trade at Buffalo . . . well, they're the happiest clippers in the whole barber shop.

Smith & Company Host Seattle Sunday Night

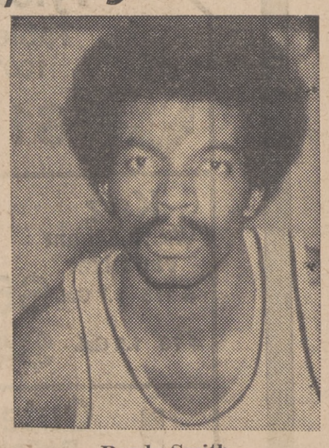
The San Diego Clippers, still gloating about their 124-123 win over the L.A. Lakers, gird now for a Sunday meeting with the Seattle SuperSonics.

Seattle leads the Pacific Division of the Western Conference of NBA with the Clippers just 3½ games behind. The Sonics will face formidable competition at the Sports Arena in the person of Randy Smith.

Smith, one of the Clippers' 2 outstanding guards, (Lloyd Free is making a name for himself here) was NBA's 7th leading scorer last year with a 24.6 average. He tied for 7th in with 5.6 average, was 8 in steals with a 2.10 game average.

He earned the MVP title in the 1978 All-Star game.

Smith scored 28 points against Denver opening night in San Diego — his season high. In his 7 years with Buffalo, on the team which was to become the Clippers, he was in every game (82) except the first year (1971-72) when he missed 6. His scoring average in all that time was never less than .443.



Randy Smith

Gametime Sunday is 7:05 and big (14x22) posters of individual players will be given away.

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Aztecs, On Crest of 'Squeaker' In Anaheim for 'Look Alike' Game

The Aztecs won a squeaker Saturday when they edged out the University of the Pacific 31-28. The decision came on the poorly kicked field goal.

Head Coach Claude Gilbert said, "We'll take a win any way we can get them—elegant or not."

He said the game left him completely drained. It had a similar effect on Aztec fans.

But Saturday it's another game and another foe.

In a sense, the Aztecs will be playing against themselves as they travel to Anaheim to meet the Long Beach State 49-er's at 7:30 p.m.

The 49 er's, an old PCC rival of the Aztecs, are remarkably similar to the San Diegans in their style of football, both offensively and defensively. Their pro-styled attack injects footballs in the air with Aztecean regularity and their defense is, like State's, a 3-4-4 alignment.

"They have the passers to make it work," says coach Gilber of the 49ers. He refers to Paul McGaffigan, who ranks fifth in the NCAA passing stats with 15.3 completions per game, and his back-up Jim Freitas. Freitas is the brother of former Aztec great Jesse Freitas.

Although the younger Freitas was the third-leading returning passer in the country this year, he lost his job to the 6-2, 185-pound junior McGaffigan, who has thrown for 1,146 yards in 1978.

Mark Halda, Aztec pigskin-pitcher, ranks only two notches behind the 49'er representative in the NCAA stats. He is already the most prolific sophomore passer in San Diego State's pass-filled history.

After playing the last two weeks with about a dozen key players on the injured list, the 2-3 Aztecs should be healthier this time around. Among others, starters linebacker Scott Carter and free safety Mark Miller are expected back. Tailback Cal Ray Anderson, who missed the Pacific game last weekend, is still a question-mark with a sprained ankle.

The 49er's have lost 7 of their last 8 meetings with the Aztecs and will be trying to duplicate the kind of effort that saw them upset Utah State, 33-17, 2 weeks ago. Last week they were upset by Fullerton State, 34-9, as their defense permitted nearly 600 yards in total offense. The loss dropped them to 3-3 overall.

It's Replay Time As Love Nears Top

By Max Goodwin

To David Love, San Diego's premier middleweight professional boxer, it seems like a television rerun.

Already ranked 7th in the world by World Boxing Council, Love is going to retrace the tracks he made earlier in his career by giving return engagements to those he has already vanquished.

And in their home towns, too!

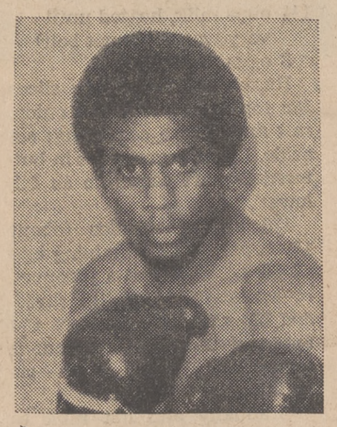
Edgar Wallace, the former state champion of Arizona, who Love KO'd in January, is "asking for more," Love said earlier this week. "I knocked him out in the 5th round in a contest I easily won. I guess I'll have to do it again."

Love has already defeated the black and the white middleweight champions of South Africa.

The Black champ, Elija Makhathini, lost all 10 rounds when Love beat him in Johannesburg in June of '76. In the same city he had given the same treatment to the white middleweight champion, Jan Kies, in August of '75.

Love, a Black, thusly holds the Black, Black Middleweight championship as well as the Black, White Middleweight crown of S. Africa.

He had been scheduled to return to S. Africa for a return bout October 31 with Makhathini but the fight was cancelled early in the month. "Makhathini will go in the first 5 rounds next time," Love said. The fight will probably be after the first of the year.



DAVID LOVE

Love, under the management of Ali's main man, Angelo Dundee, has built up an impressive ring record (33-10-2) and can boast of never having had an amateur fight. He started as a pro and has made a go of his profession.

He fought California champion George Cooper, beat Rudy Cruz, beat Mike Avans, beat Bobby Watts in Don King's Tournament of Champions, was fouled out by Mike Nixon on a low blow and beat Willie "the Worm" Monroe—all ranking middleweights.

Shirley Englehorn to Open School for Women Golfers

Shirley Englehorn, well-known Southern California golf professional and current president of the Western Division of the L.P.G.A., announces a new school that is specifically designed for serious women golfers. The Shirley Englehorn School of Golf will provide concentrated instruction over 5-day periods at various locations throughout the West and Southwest. The first school session is scheduled for December 10th thru 15th at Whispering Palms Lodge and Country Club in Rancho Santa Fe, just north of San Diego.

"The basic purpose of the school," Englehorn said, "is to develop a sound swing and the consistency of its application that produces confidence and a positive mental attitude on the couse in any situation. This can be best achieved through continuous, concentrated practice over a several day period in conjunction with close supervision of an individual by an experienced teaching professional."

The school will conduct a program of morning and afternoon individual instruction sessions plus evening seminars for 5 days; with an outside limit of 30 student golfers for each session. The staff of outstanding teaching professionals—selected by Englehorn—include Shirley Spork, Diane Keppen, Barbara Crawford and Micki MacDonald. This provides a ratio of one professional to every 5 or 6 golfers.

"The school is not for beginners. However, high handicappers as well as close-to-scratch golfers should gain major improvement in skills from the concentrated individual instruction and practice over the five-day sessions," Englehorn said.

The school is operated on the single all-inclusive fee basis. Deluxe single accommodations, all individual meals, taxes and gratituities, instruction, seminars, practice facilities, video taping, green fees, golf cart and transfers between San Diego Airport and Whispering Palms are included; as are several special social occasions. Everything but purely personal expenses are covered in the single fee of $1000 a person, she said.

The Shirley Englehorn School of Golf, 2252 Caminito Preciosa Sur, La Jolla, 92037 may be contacted by telephone 270-6230.

Hawks Take On Flavor Of Gulls As Season Nears

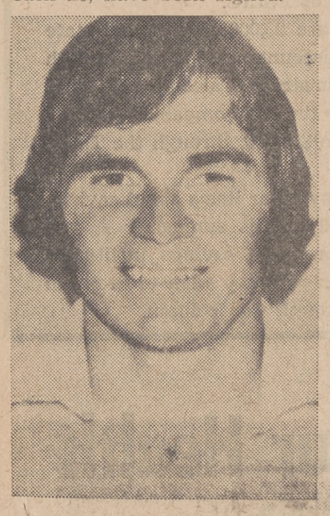
The Pacific Hockey League Hawks of San Diego are "finishing off" at the House of Ice in El Cajon as the season's home opener date draws near.

The Hawks open against the Spokane Flyers on November 15 with a roster that will bring nostalgia to those who adopted the Gulls back in the Pacific Coast League.

Joe Noris

Many Gull fans didn't share that love for Arena operator Peter Graham who signed the death penalty for Will ORee and Co. when he gave dates to the WHL Mariners.

Now, two former Gulls are Joe Noris and Mike Bloom, each 26, have been signed.



Mike Bloom

Noris, a center, now wears his 3rd San Diego uniform—from the Gulls, to the Mariners and now the Hawks. Since then, in early 1976, he was involved in a near-fatal auto accident. He came back to have his best season ever in 1976-77 with a 92-point year. He was born in Denver where he and his brother now operate an established real-estate firm.

Mike Bloom, a center-wing, at 6-3 and 205, is probably the biggest, handsomest and wealthiest of the Hawks. While a Gull, rumor had it that he was a member of a well-to-do family and their wealth was shared with Bloom.

After leaving the Gulls in 1972 he went to NHL Washington in 1974 and was traded to Detroit in 1975, where he played in 200 games.

Last year, on a Detroit farm team, he led the team in scoring and was 3rd overall in the Central Hockey League.

You'll see Noris and Bloom in the opening night lineup, barring injuries.

Champ Fight Sat. On SD TV Screen

A 2-hour closed circuit TV show which includes the 15-round super-bantamweight title bout between Carlos Zarate and Wilfredo Gomez, live from Puerto Rico, will be shown on big screen television Saturday night at the S.D. Coliseum, 15th and E sts. downtown.

All seats are $10.

Aztec Grid, Hoop Games to be on TV

S.D. State U. Assistant Athletic Director, Mike Urbano, announced that TV-8 will carry the U. of Miami (Florida) football game (4:20 p.m.), the U. of Oregon basketball game (8:05 p.m.), and the UCLA basketball game on live television.

The Aztec-Miami game, to be played in Miami November 18, will be simulcast with KFMB Radio. Play-by-play man Ted Leitner and color commentator Tom Nettles will call the action.

Lindsey Nelson To Take Mike For Holiday Bowl

Veteran sportscaster Lindsey Nelson will handle the television play by play for the 1978 Holiday Bowl Football Game. The Holiday Bowl will be played in San Diego Stadium on December 22 and will feature the champion of the Western Athletic Conference against a nationally ranked opponent.

The Holiday Bowl will be seen coast to coast on as many as 160 stations on the Mizlou Television Network, the nation's leading independent network. In addition to the Holiday Bowl, Mizlou televises 7 other bowl games, more than any other network.

Lindsey Nelson has announced more football games on television than any other announcer in the history of the medium.

His credits include more than 100 post-season bowl games that span the spectrum of the glamour games. He's done the Cotton Bowl 18 times, the Rose Bowl 4 times, and the Sugar Bowl on 5 occasions.

Since 1966, Nelson has been the "Television Voice of Notre Dame Football," describing the games for their legions of fans throughout the country.

In a span of four consecutive years, Nelson was named by his contemporaries in the National Sportscasters and Sportswriters Association as the "No. 1 Sportscaster in the Nation."

Football is not the only sport in which Lindsey Nelson has made a name for himself. He has been a part of the New York Mets broadcast team for 17 years and has also broadcast the World Series and the Major League All Star Game.

Other Nelson credits include NBA basketball telecasts, the Master's, the Bob Hope Desert Classic, the Bing Crosby golf tournaments, and the World Bobsled Championships in St. Moritz, Switzerland.

Ticket and membership applications for the Holiday Bowl are available daily at the Bowl Ticket Office, Gate F, San Diego Stadium.

The 'phone—283-5800.

Women's Motocross Set for Weekend

Vicki Miller Haag, of El Dora st., Lemon Grove, is racer and promoter of the Kawasaki Women's Motocross Nationals Saturday and Sunday at the Carlsbad International Raceway.

Women from at least 12 states have entered races which include 3 overall titles —novice, amateur and expert classes.

Events start at 9 a.m. each day. Contact may be made at 462-9395.

Ski in Balboa Park? YMCA Has Class, Snow

A "Learn to Snow Ski" program will be offered for inexperienced adults and children on three consecutive Sundays, November 5, 12, and 18, at 12 noon in front of the Puppet Theatre in Balboa Park, sponsored by the Downtown YMCA, San Diego Parks and Recreation Department, Convair Don Diego Ski Club, and Stanley Andrews Sporting Goods Stores.

On November 19th, 12 tons of man-made snow will give students an actual skiing experience in Balboa Park in preparation for a December ski trip to Big Bear Mountain.

Skis, poles and boots for men, women and children will be provided for the course. Students are asked to bring a pair of heavy socks, appropriate clothing and enroll at the November 5 session. The cost will be $12 for adults and $10 for children.

How to select proper ski equipment, basic ski techniques, and ski safety will be taught.

A "Get Fit to Ski" course will begin November 6 at 5:30 p.m. in the Downtown YMCA, 1115 Eighth ave., San Diego, 452-9626.

Wilson, Zurheide Meet as Boxing Returns to S.D.

Professional boxing returns to the S.D. Coliseum November 3 when light heavy super boxing master Ronnie Wilson son meets Karl Zurheide.

Wilson, of El Cajon, is San Diego's most popular and capable boxers. Zurheide, of Milwaukee, is Wisconsin's light-heavy champion. He has met 6 different contenders and 3 world title holders.

The card starts at 8:15 p.m.

'Ballet in Park' To Aid Old Globe

The Old Globe Theatre and San Diego Ballet will present "Ballet in Balboa Park" Saturday and Sunday at 3 p.m. on the Festival Stage. Proceeds will benefit the Old Globe Rebuilding Fund and the San Diego Ballet.

Craig Noel, producing director for the Old Globe and Keith Martin, director of the San Diego Ballet, jointly announced the co-sponsored event.

A varied repertoire will include the world premiere preview of "The Picture of Dorian Gray." Based on the novel by Oscar Wilde, the original musical score has been composed by Herbert Donaldson with choreography by Richard Moyano. Keith Martin will dance the title role.

Martin will also be featured in "Flower Festival at Genzano" and "Ramonda" Pas de Deux.

Tickets for both performances of "Ballet in Balboa Park" are now on sale at the Old Globe Theatre box office.

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Pro Writing Course Offered at Grossmont

Grossmont Community College District's Office of Community Education will sponsor "'Seminar in Professional Writing," a noncredit course which will be held 7-10 p.m. this Thursday through December 21.

The course will be held at Grossmont College in the Counseling Center, Room 115.

"Seminar in Professional Writing" is designed for persons who are considering writing as a part-time or full-time profession. Instructor Michael Straczynski will cover the following topics: the techniques of selling; professional criticism of manuscripts; the world of publishing and producing; the techniques of plotting, dialogue and characterizations.

There is a $14 fee for this noncredit course, payable at the first class session.

Labor Relations Subject Of SDSU Seminar Saturday

"Meeting the Challenge of the Union Organizer," a one-day intensive seminar to help management anticipate and avoid labor relations problems, will be presented in the Regatta Room of the Kona Kai Club on Shelter Island on Saturday.

Presented by San Diego State University's College of Extended Studies and College of Business Administration, the seminar is part of a continuing SDSU program to provide practical and timely learning opportunities for area adults.

Seminar leaders will be Charles H. Goldstein and partners from the Los Angeles law firm of Goldstein, Freedman, Ownbey and Klepetar. The firm specializes in labor law on behalf of management for both private industry and public agencies throughout California and the Western states.

Topics to be discussed in detail include: developing an effective labor relations program; pros and cons of unionization; unionization efforts; collective bargaining; the Labor Reform Act of 1977; and the role of the National Labor Relations Board. Step-by-step strategies and techniques for the successful handling of labor related problems will be illustrated.

The seminar is open to anyone for a fee of $65, which includes luncheon and all materials. Pre-registration is required.

For further information or to register, call Linda Worobow, Director of Professional Programs, SDSU College of Extended Studies, 286-5978.

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IRS Offers 'Understanding Taxes' Course for High School Students

Paying taxes is neither pleasant nor easy for most people, but it's something that must be done. That's why a basic understanding of how the U.S. tax hystem works and how to complete a tax return are so desirable.

Every year more and more young people file their first federal income tax return, often without the benefit of formal instruction about the tax system. These newcomers to the taxpayer ranks may be understandably confused by the procedure for filing a return. Even veterans with many years experience paying Uncle Sam his due can find each new encounter with the tax system difficult.

Over a quarter century ago the idea that schools were the logical place to teach taxes surfaced within the Internal Revenue Service. As a result, a program which is now called "Understanding Taxes" was born. Presently in its 26th year, "Understanding Taxes" is a classroom course of study designed to teach high school students the history of taxation, fundamental tax law and administration as well as give students practice in completing federal income tax returns.

"Understanding Taxes" is now used in over 23,000 schools, reaching an estimated 4 million students each year. Typically, the IRS sponsored course is taught during the federal income tax filing period, January 1 to April 15 each year, the time when most people have taxes in mind.

Government studies and consumer interest groups have stressed the need for students to graduate from secondary schools equipped with practical skills such as balancing a checkbook or shopping for food.

Teaching a non-traditional course such as "Understanding Taxes" at the high school level is indicative of a trend to make school curriculums more relevant to everyday life. "Understanding Taxes" prepares students for their future tax responsibilities and provides immediate help to those teenagers who presently must file to report income from part-time or summer employment.

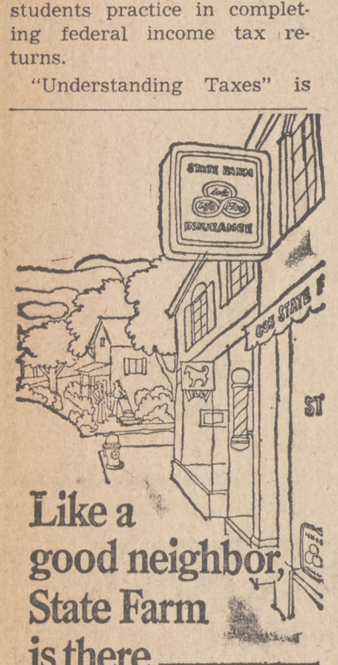
IRS Publication 21 entitled "Understanding Taxes" is a 40-page booklet written in easy-to-understand language containing several modern illustrations. It is the basic text for the course. Copies are available to teachers free-of-charge as a public service.

The text can be supplemented with two free-loan 16mm color films: "Money Talks," a 26-minute history of taxation and "Tax Rock," a 14-minute upbeat look at the IRS today.

The Internal Revenue Service mails a brochure (IRS Publication 488) and order forms (Form 1742) for "Understanding Taxes" to school principals and various department heads in the early fall each year. If your school is not on the mailing list and would like to be included in the program, contact a taxpayer service representative at your nearest IRS office.

ON SCHEDULE

Only once have the swallows failed to arrive at Capistrano on March 19 and that was in 1935 when they were delayed by a storm. Every year they fly 6,000 miles from South America to the San Juan Capistrano Mission.



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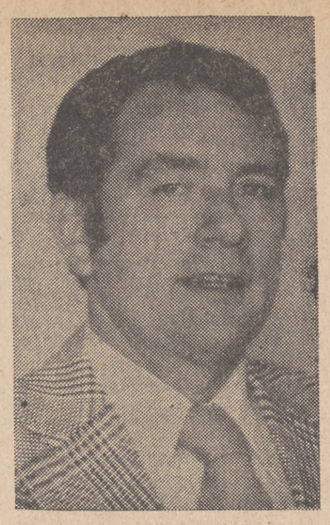


C.H.P Capt. C. M. Douglas

Last time Capt. Douglas discussed legally passing other vehicles on the right. If you have a question, no matter how insignificant it may appear to you, ask it. It could save your life — or at least save you a citation.

Address your questions to this newspaper and wait several weeks for your question to appear.

This week's question:

"I have received three traffic citations in the last two years. How many citations are permitted before I can lose my license?"

Capt. Douglas' answer:

California is on a point system. Two points are given for conviction of failing to stop at an accident (hit-and-run), driving under the influence of alcohol or drugs or reckless driving.

One point is given to any other traffic conviction involving the safe operation of a motor vehicle upon a highway (such as a straight speeding ticket). Any accident in which the driver is deemed by the State Department of Motor Vehicles to be responsible shall also be given a value of one point.

A count of four or more points in 12 months, six or more points in 24 months or eight or more points in 36 months gives the driver "negligent operator" classification which may be grounds for suspension of the driver's license.

If a driver operates a motor vehicle in excess of 25,000 miles annually, the point system allows two additional points — in other words, a "negligent operator" classification is assigned if the driver accumulates six or more points in 12 months, eight or more points in 24 months or 10 or more points in 36 months.

African Night Set by SD Fine Arts Gallery

The newly formed African Arts Committee of the San Diego Fine Arts Gallery has set November 11 for a "Juma Juma" (celebration) to be held at the gallery.

The festivities will begin at 7 p.m. where a mini African marketplace, with items for sale, and ethnic food will be featured. The highlight of the evening will be a performance by Dr. Danny Scarborough and his dance troup. Scarborough is an assistant professor of literature and drama, Afro-American Studies, San Diego State University. Earl Saunders and Connee Robinson are cochairpersons of the event.

For ticket information contact Mrs. Richard Calvin (232-4424) or John Goodwin (447-1567).

Smog-Reducing Measures Given by New APCD Plan

San Diego air pollution affects everyone who lives, works and vacations here. A new plan released in San Diego recently by the Air Pollution Control District (APCD) includes dozens of tactics for individuals and gorups to help reduce smog.

"San Diego's new plan to reduce air pollution will require the support and cooperation of everyone," said Jeanette Baptiste, president of the Lung Association of San Diego and Imeprial Counties.

Fall is usually San Diego's heaviest smog season, said Nancy Ellison of the APCD. "The angle of the sun's rays, clearer days and wind patterns during this season are favorable for smog," she added.

"With some 1700 tons of manmade pollutants pouring into San Diego air everyday, everyone needs to help."

Climatic conditions help create special smog problems. An inversion layer, a ceiling of warm air forming above the cooler and heavier air near the ground, puts a lid on the smog over San Diego, according to the APCD.

Stagnant air and lack of wind can also prevent emissions from dispersing in the air.

"In addition, the record high temperatures and drought conditions of the last two years have caused caused conditions even more favorable for smog," Ellison said.

Although people can't do anything about the climate, there are many ways each person can help keep air pollution to a minimum, according to the APCD.

Since internal combustion engines are major contributors to air pollution, keeping vehicles properly tuned and repaired — especially timing, carburetion and smog devices —reduces emissions and increases miles per gallon.

Carpooling can play a big role to lower smog levels and also saves money and energy.

Commuter Computer, a free service, matches prospective carpoolers with others in the same area who want to share a ride. The number is 237-POOL. This is a service of the State Department of Transportation.

Another way to help is to support gasoline recovery at gasoline stations, which helps reduce hydrocarbons in the air. "Don't 'top-off' gas tanks when refueling," said Ellison. "Those few cents of gasoline can evaporate rapidly; the nozzle shuts off because the gasoline tank is full."

The plan notes that reducing the use of solvents, thinners and oil-based paints will also help.

In San Diego County, the air pollutant of chief concern is photochemical oxidant. More than 90 percent of oxidant is ozone, a toxic, unstable form of oxygen.

"Photochemical oxidant is not emitted directly from tailpipes or smokestacks," Ellison said. "It's an end product, formed in the air from vehicle- and stationary-source emissions which react with the sunlight. Hydrocarbons and oxides of nitrogen, spewed into our air everyday by the hundreds of tons, are the main ingredient in the oxidant recipe. Since we have an abundant supply of sunshine most of the time, conditions for forming oxidants here are unusually good."

Although oxidant levels have declined since their peak in the late 1960's, San Diego exceeds federal clean air standards approximately one out of every three days of the year.

Ozone can interfere with respiration and cause breathing difficulty, especially if a person is performing strenuous exercise. Taking it easy when smog is heavy is good for everyone, but it's especially important for children, the elderly and anyone with a heart or lung problem.

So far this year, San Diego has had six "first stage" smog alert days; last year's total was three. The average year, reported the APCD, has five "first stage" smog alert days.

The cost of dirty air over a lifetime is much higher than the cost of cleaning it up, Baptiste said.

Baptiste said some of these costs include the possibility of shortening one's potential lifespan, the possibility of making one more susceptible to infectious diseases, more health care expenses, more frequent cleaning of clothes and washing of cars, eye irritation and harm to plant health and growth.

The APCD plan suggests that making a conscious effort to drive less, by combining routine errands, and turning off lights and appliances when not in use will help reduce pollutants and save energy.

The individual can be a powerful force in affecting environmental laws and policies, Ellison said. "Citizens can influence the decision-making process. They can attend public hearings, support environmental legislation, express their concern to elected representatives and write letters to the editor. They should be willing to vote for strict controls and to absorb some of the personal cost of cleaning in air in dollars and lifestyle changes.

"Informed and active citizens have been and hopefully will continue to be the backbone of the environmental movement, both locally and nationwide."

For more information on this problem call the Lung Association of San Diego and Imperial Counties, the "Christmas Seal people," at 297-3901.

Ground Packing Started For Mission Valley YMCA

Caterpiller tractors and ground packing equipment have begun preparing the ground for the new $4.5 million YMCA Mission Valley Center located at 5445 Friars Road.

Six years ago the YMCA Board of Directors launched a capital campaign to upgrade the facilities of eight San Diego County YMCAs and build the new Mission Valley Center YMCA. Improvements to five of the county YMCAs have been completed or are in the process of completion. They include Jackie Robinson YMCA in Southeast San Diego, Davis YMCA in La Mesa, Peninsula YMCA in Pt. Loma, Northwest YMCA in La Jolla, and North Coast YMCA in Encinitas. Work on the remaining three YMCAs is scheduled when funds are available.

The new Mission Valley Center YMCA will contain a gymnasium, indoor swimming pool, eight racquetball courts, a roof top jogging track, a new cardio-vascular center and camping offices.
into full commercial operation until next month.

The company also was receiving 216 megawatts of purchased power.

The San Onofre Nuclear Plant, in which SDG&E owns a 20 percent interest, was unavailable for service because of refueling, and one small generating unit at the Station B Power Plant was down for maintenance.

Utility planners strive to keep enough generating capacity in reserve to cover units that are shut down for required maintenance and to cover the unplanned loss of the system's largest generating unit.

Thomas said that during the record use period, the company's available generating capacity was 2093 megawatts —a margin of only 5.7 percent above the demand.

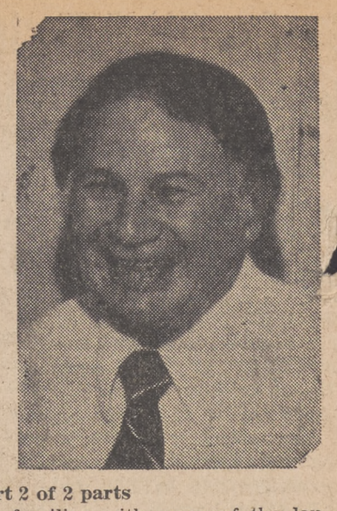
"Had Encina 5 not been available, our reserve capacity would have been only slightly more than 3 percent, and we would have had to ask customers to curtail their use of electricity immediately to prevent rolling blackouts," Thomas said.

Costly Pickup

Louisiana's highway department spends more than $1 million a year picking up litter.

It's Your Money

By John Foley



Part 2 of 2 parts

You should become familiar with some of the language of savings accounts if you are to attain maximum benefits. You should know that "interest computed daily" means that your money is earning from the day of deposit to the day of withdrawal.

Credited quarterly means that interest is credited to your account, or paid directly to you, four times a year — at the end of March, June, September and December.

Compounded quarterly means that if funds earned as interest remain in your account and are not withdrawn for a subsequent quarter, they become principal, and the interest for subsequent periods is paid on the total deposit amount in your account.

F.D.I.C. is the abbreviation for Federal Deposit Insurance Corporation. This government agency insures individual deposits in banks, up to $40,000. This coverage applies to all deposits in your name, in all offices or branches of the same bank. Married persons and families can increase the protection under FDIC by maintaining accounts that have different rights and capacities. Ask your banker how this can be done. Since inception, in 1934, no one has lost a penny through bank failure, on FDIC-insured deposits.

F.S.L.I.C. is the abbreviation for Federal Savings and Loan Insurance Corporation. This is the agency used by savings & loan associations to insure their acounts, up to $40,000. Increased account protection, as in the case of banks, is also available at the s&ls.

Maturity is the date your deposit or investment contract ends.

In the U.S. there are approximately 15,000 banks that are members of the FDIC. There are 5,200 s&ls in the U.S. that are members of FSLIC.

Growing in importance are 23,000 federal and state credit unions. Credit union accounts are insured through National Credit Union Administration, also up to $40,000. Additionally, 23 thrift and finance companies in California offer protection up to $10,000, through the Thrift Guarantee Corporation.

Obviously, there are many other items about savings that have not been covered in this summary. If you have questions, contact your own savings institution for detailed explanations, or you may wish to drop me a line and I will reply through this column.

What You Should Know

About Your Health

Anemia

People often speak of anemia as "tired blood," and blame anemia for any general run-down feeling.

It is important to remember two things before making this self-diagnosis.

● Many other illnesses also cause fatigue and lack of energy, and

● Even if the general diagnosis of anemia is accurate, iron tablets are not always the answer. Anemia has many causes — some potentially serious — and different kinds of anemia require different treatments.

A person who is anemic does not have the usual number of red blood cells. The red cells are needed to carry oxygen to all parts of the body and to return carbon dioxide from these tissues to be breathed out through the lungs.

If you are anemic, the hemoglobin, which gives the red cells their color and does the actual work of transporting oxygen, is too low to do its job.

Even your doctor cannot tell if you are anemic by a quick look at the color of your palm lines or the lining of your eyelids.

The diagnosis requires appropriate blood tests. If anemia is discovered, the doctor then must determine its type and cause in order to treat it successfully.

Iron deficiency, abnormal absorption of Vitamin B-12, diseases of the liver or thyroid, rheumatoid arthritis, or hidden infections are some of the causes of anemia. In some cases, an anemia discovered by a routine blood test is the first sign of disease.

A normal diet usually supplies enough iron to keep the blood healthy. If a person bleeds excessively, however, iron is lost with the blood and the iron the food we eat may not be enough to compensate for the iron loss.

This could occur, for example, in a woman with heavy menstral bleeding; or the blood loss could be caused by something more serious, such as a chronically bleeding stomach ulcer or cancer of the intestine.

Some problems associated with anemia are inherited. Thalassemia, a condition in which blood is not produced in adequate amounts, is found most often in people whose ancestors came from countries around the Mediterranean Sea or Southeast Asia. Blacks also can have this problem.

Sickle cell anemia is another blood disease that is inherited, and it occurs most frequently in this country among Blacks. Though rare, the disease also can be found among Caucasians, particularly those from the Mediterranean countries.

The blood cells of persons who have sickle cell anemia have an abnormal shape (much like a sickle) that prevents the cells from circulating without being damaged; the cells may survive only 10 days or even less, rather than the more normal 120 days.

The bone marrow cannot manufacture blood fast enough to make up for the loss of the short-lived cells.

Deficiencies of certain vitamins can cause anemia. Pernicious anemia, which often is seen in people of Northern Europe descent, is caused by the body's inability to absorb Vitamin B-12.

This problem can be treated with injections of Vitamin B-12. (Taking B-12 tablets will not help since absorption in the intestine is the problem.)

Too much alcohol in the system can be associated with a deficiency of folic acid, which is needed for blood production. Large quantities of alcohol will itself suppress blood production.

Sometimes, the anemia can be caused by certain disorders of the bone marrow which produces blood. For example, in a disease called aplastic anemia, the bone marrow stops working (for reasons not clearly understood.

Not only red blood cells but sometimes all the cells produced by the bone marrow are reduced. This sometimes is reversible. Leukemia, a cancer of the bone marrow cells, also causes anemia.

Certain drugs, such as some antibiotics and drugs used for cancer chemotherapy, will also interfere with blood production. Many chronic illnesses such as rheumatoid arthritis, chronic infections and cancer will cause reduced blood production.

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Proposed in Cranston Bill

Vietnam Vets May Benefit From Civil Service Change

Senator Alan Cranston (D., Calif.) said the Congress has cleared and sent to the President a bill to extend "much-needed programs for our nation's veterans."

Although this bill does not include readjustment counseling, drug and alcohol treatment and preventive health care passed by the Senate, Cranston said, he was "very confident of their enactment early next year."

Cranston, who is chairman of the Senate Veterans' Affairs Committee, said the Veterans' Administration Programs Extension Act of 1978, includes extension of the following programs:

— Veterans Readjustment Appointments (VRA's). This Cranston-authored provision will allow civil service appointments through GS-7 ($16,920), raised from the current GS-5, for certain Vietnam-era veterans until September 30, 1981.

"VRA's," Cranston said, "are designed to help Vietnam-era veterans with 14 years or less of education get federal government jobs without having to take the civil service exam." The education limitation would be removed, however, for veterans with service-connected disabilities.

After successful completion of the two-year VRA appointment, which includes on-the-job training, a veteran is eligible for conversion to full civil service status.

"In addition," Cranston said, "Vietnam-era veterans who were discharged before April 9, 1969, would be made eligible for VRA's for the first time."

— Contract care in Alaska and Hawaii. In these two states, where the VA has no hospitals and only small clinics, veterans with non-service connected disabilities will be able to continue receiving hospital care and outpatient treatment, under certain circumstances, in non-VA facililities on a contract basis.

Cranston said this VA authority will now be made permanent under the bill.

— Contract care in Puerto Rico and the Virgin Islands. The VA's contract hospital care authority for veterans with non-service-connected disabilities will be extended to December 31, 1981, and the bill gives the VA new authority to contract for outpatient care for these same veterans.

— Philippine Regional Office. The VA will be authorized to maintain its regional office in the Philippines for an additional three years.

— Philippine health-care programs. The bill will extend for three years the entire Philippine medical care program for service-connected and non-service-connected care of certain World War II Filipino veterans who served with, but not in, the United States Armed Forces.

— Physician and dental special pay. The VAA's authority to enter into special-pay agreements with physicians and dentists will be extended for an additional three years, until September 30, 1981.

"This three-year extension," Cranston said, "is necessary to help the VA continue to find and keep qualified doctors until there is a comprehensive, permanent solution to the present lack of uniformity in pay for physicians and dentists working for federal agencies."

— Health manpower training. The bill authorizes the appropriation of an additional $16.2 million to the $75 million already authorized for FY 1979 grants to medical, dental, and nursing schools to train health-care personnel. This additional funding is necessary for the VA to meet all its commitments under this program.

— Pension. The bill also authorizes $5 million to implement the new pension program for needy wartime veterans who are totally disabled from non-service-connected causes or who are age 65 or older, and needy survivors of wartime veterans. This new program is established in a bill just sent to the President for signature (H.R. 10173).

Senator Cranston said it was "most regrettable" that this legislation did not include Senate-passed provisions for readjustment counseling for Vietnam-era veterans, improvements in the VA's drug and alcohol treatment programs, and a pilot program in preventive health care for service-connected disabled veterans.

These are three innovative measures in VA health care than Cranston has fought hard for since 1971. Similar legislation was passed by the Senate this Congress — as it has been in the last three Congresses—but each time it has died in the House.

"This was the first year," Cranston said, "that the Administration supported legislations for readjustment counseling and VA drug and alcohol treatment programs along the lines I recommended."

Although these programs are not being enacted now, Cranston and Congressman David Satterfield, chairman of the House Veterans' Affairs Subcommittee on Medical Facilities and Benefits, and House full Committee Chairman Ray Roberts have agreed on a package containing those and other measures.

"Unfortunately," Cranston said, "the parliamentary log-jam in the House and Senate has made it very difficult to gain all the clearance necessary to move the package this Congress. But both House Chairmen and I have pledged our best efforts to do everything possible to get this package of legislation enacted very early in the next Congress."

SDG&E Seeks Extension of NOx Emission Deadlines

San Diego Gas & Electric Co. has called for Congressional action to extend the deadline for meeting nitrogen oxides emission requirements of the Federal Clean Air Act.

Gary D. Cotton, manager-licensing and environmental department for SDG&E, said the extension is needed to permit a better assessment of the technical feasibility of proposed tactics for meeting the clean air goals and to permit examination of alternatives that may be more cost effective.

At a hearing on proposed new Regional Air Quality Strategies, Cotton urged the San Diego Air Pollution Control Board to petition the State Air Resources Board and the Environmental Protection Agency to ask Congress to amend the compliance delay to 1987.

He also urged the APCB to withhold approval of four proposed changes in the San Diego regional air quality strategy because of potentially excessive costs to electricity consumers.

The major cause of concern, Cotton said, is the proposed requirement calling for a 65 per cent reduction in emissions of nitrogen oxides from power plant boilers, other boilers and gas turbines.

Implementation of the NOx control requirements would cost San Diego Gas & Electric ratepayers between $59 and $179 million per year, Cotton said.

The wide spread in the cost range, he said, results largely from the requirement to use control technology that has only operated on an expiremental demonstration basis in Japan and is not even available in the United States.

"SDG&E recognizes the need and desirability of strategies and tactics for controlling NOx and particulate emissions and will make every effort to comply with the strategies that are adopted," Cotton said.

Even if imposed, however, the recommended tactics are not likely to produce the desired air quality since power plants are responsible for only about 14 per cent of the NOx emissions, while automobiles are responsible for 72 per cent, Cotton said.

Dutch Connection

Tea was introduced into Europe from China by the Dutch East India Co. in 1609.

Teachers' Self-Protection Subject of UCSD Program

What can a teacher do to protect him- or herself from physical attacks by students? What are a teacher's legal rights, and when does defense turn to aggression by the teachers?

These questions and others will be answered in a one-night UC San Diego Extension program titled ""Self-Protection for Classroom Teachers" scheduled for 7:30-9:30 p.m. next Wednesday in Room 107, Third Lecture Hall Bldg., on UCSD's Third College Campus. The cost of tickets is $4.

Designed for school teachers, administrators and personnel, the program includes a panel of speakers who will examine three of the main aspects of the problem of violence in the classroom: (1) the legal constraints and rights school employees actually have in cases of impending violence, (2) the psychology of prevention of acts of aggression and avoiding behavior which may stimulate vandalism and (3) techniques for self-defense.

Speaking on the first topic of legal rights will be Tim Garfield, deputy county counsel with the County of San Diego. In his seven years with the county counsel office he has noted an increase in the number of legal cases involving teachers, students and acts of violence. "Especially in the past two years the frequency has increased considerably," he said.

For participants in this UCSD Extension program, Garfield will explain their rights, or "just what they can do in terms of self-defense, what criminal prosecution is possible, when the school district will defend them, and legal liability. Teachers are concerned because now more students are filing suits against teachers and school districts," he said.

"There's an area of thin ice," Garfield said. "'When a student acts violently towards a teacher, the teacher may take reasonable steps to defend him- or herself. But, if the teacher gets carried away and fights back, well . . ."

But Garfield added that the "thin ice" line is very hazy. "It's hard to determine just what type of action the teacher needed to protect him- or herself," he said.

Also participating on the panel discussion in the "Self-Protection for Classroom Teachers" program will be Robert K. Lynch, M.D., a psychiatrist who will suggest how school personnel can deal with impending disturbances and prevent them from escalating; and Debby Boyd, co-chairperson of the San Diego Women's Council on Self-Defense, who will demonstrate techniques for self-protection in the event of actual violence.

For information on tickets, call UCSD Extension at 452-3400.

LEGAL NOTICES

NOTICE TO CREDITORS OF BULK TRANSFER
(Secs. 6101 — 6107 U.C.C.)

Notice is hereby given to the Creditors of KENNETH W. ROWAN, SR. AND MAY D. ROWAN, Transferor(s), whose business address is S-S Campo Road, 50 Ft. West of Jct. Steel Canyon Road, County of San Diego, State of California, that a bulk transfer is about to be made to VIRGIL L. TAYLOR, JR., Transferee(s), whose business address is 350 Aldwych, El Cajon 92020, County of San Diego, State of California.

The property to be transferred is located at S-S Campo Road, 50 Ft. West of Jct. Steel Canyon Road, Jamul 92035, County of San Diego, State of California.

Said property is described in general as: All stock in trade, fixtures, equipment and good will of that business property known as THE EL CORRAL and located at S-S Campo Road, 50 Ft. West of Jct. Steel Canyon Road, Jamul 92035, County of San Diego, State of California.

The bulk transfer will be consummated on or after the 17th day of November, 1978, at 10 A.M. at EMPRESS ESCROW SERVICE, INC., 2815 Fourth Avenue, San Diego 92103, County of San Diego, State of California.

So far as known to the Transferee(s), all business names and addresses used by Transferor(s) for the three years last past are: None.

Dated: October 13, 1978.
Signed by:
Virgil L. Taylor, Jr.,
Transferee

R 46367 Spring Valley Bulletin October 26, 1978

64629
NOTICE OF TRUSTEE'S SALE
T.S. No. F.C. 3580

On November 17, 1978, at 11:00 A.M., DSL SERVICE CO. as duly appointed Trustee under and pursuant to Deed of Trust recorded 8/4/71, at inst. No. 171313 of Official Records in the office of the County Recorder of San Diego County, California,
WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the main front entrance to the City Hall, in the City of Oceanside, California
all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lots 8 and 9, Block 8 of COLONY OF LA PRESA ,in the county of San Diego, State of California, according to Map thereof No. 441, filed in the office of the county recorder of San Diego County, November 23, 1887.

The street address and other common designation, if any, of the real property described above is purported to be:
917 Kempton St.,
Spring Valley, Calif. 92077

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: October 10, 1978
DSL Service Co.
as said Trustee,
By Lourdes Garcia,
Trust Officer

Spring Valley Bulletin October 19, 26; November 2, 1978

LIEN SALE

1972 FORD Stationwagon, ID No. 2C72H147101 is up for Lien Sale at Holaday's Lemon Grove Towing, 7490 Broadway, Lemon Grove. on Nov. 10, 1978 at 10:00 a.m.

LG Review Oct. 26, 1978

NOTICE OF PUBLIC MEETING

NOTICE IS HEREBY GIVEN that the City of Lemon Grove will hold a public meeting to solicit suggestions from the public concerning the use of Federal Revenue Sharing and Community Development Block Grant Funds. The City will have $204,000 in Federal Revenue Sharing and $210,000 in Community Development Block Grant Funds for community improvement projects during the next year.

The meeting will be held in the Lemon Grove Community Center, 3146 School Lane, at 7:30 p.m. on Monday, October 30th.

Jack D. Shelver, City Manager
City of Lemon Grove

LG Review Oct. 26, 1978

FICTITIOUS BUSINESS NAME STATEMENT
File No. 78 15472

The following persons are doing business as: THE LITTLE FIESTA at 9945 Campo Road, Spring Valley, California 92077
Reynaldo Amador, 35 E. San Miguel Drive, Chula Vista, California 92011
Josefa Amador, 35 E. San Miguel Drive, Chula Vista, California 92011
This business is conducted by individuals.
Signed
Reynaldo Amador
Josefa Amador
This statement was filed with the County Clerk of San Diego County on October 19, 1978.
R 46330 Spring Valley Bulletin October 26; November 2, 9 & 16, 1978

FICTITIOUS BUSINESS NAME STATEMENT
File No. 78 14333

The following persons are doing business as: LIVELY CENTER MINI STORAGE at 13320 Poway Road, Poway 92064
Riley J. Lively Land Account
7934 Sterling Dr.
El Cajon, CA 92021
Onie O. Lively
7934 Sterling Dr.
El Cajon, CA 92021
This business is conducted by an Individual.
Signature Riley J. Lively
Onie O. Lively
This statement was filed with the County Clerk of San Diego County on September 28, 1978.
Expires Dec. 31, 1983
Lemon Grove Review October 19, 26; November 2 & 9, 1978

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 15108

The following persons are doing business as: MARIE CALLENDER'S NO. 74 at 6950 Alvarado Road, La Mesa, California 92041
Marie Callender Enterprises, Inc., State of California
This business is conducted by a Corporation.
Signature
W. H. Godshall, Secretary
This statement was filed with the County Clerk of San Diego County on October 12, 1978.
Statement Expires Dec. 31, 1983
R 46184 Spring Valley Bulletin October 19, 26; November 2 & 9, 1978

FICTITIOUS BUSINESS NAME STATEMENT
File No. 78 14878

The following person is doing business as: TANK WAGON TEXACO at 3065 Imperial Ave., Lemon Grove, CA 92045
Consolidated Promotional Products, Inc., a California corporation
This business is conducted by a Corporation.
Signature:
C. Orland Lake, President
This statement was filed with the County Clerk of San Diego County on October 10, 1978.
Statement expires Dec. 31, 1983.
Lemon Grove Review October 12, 19, 26 and November 2, 1978

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 14550

The following person is doing business as: Educational Coloring Books Inc. at 3510 Buena Vista, Lemon Grove, Calif. 92045
Contain-A-Pet Inc.
Calif.
This business is conducted by a Corporation.
Signature
Tracy Brentner Vice Pres.
This statement was filed with the County Clerk of San Diego County on October 3, 1978.
Statement Expires Dec. 31, 1983
R 46031 Lemon Grove Review October 12, 19, 26; Nov. 2, 1978

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 14770

The name of the business is: FAMILY BARGAIN CENTER located at 7825 Broadway in Lemon Grove, 92045 is hereby registered by the following owner:
Norman Weinstein, 5581 La Cuema Drive, Tierrasanta, Calif.
This business is conducted by an Individual.
Signature of Registrant:
Norman Weinstein, Owner
This statement was filed with the County Clerk of San Diego County on October 5, 1978.
Statement expires Dec. 31, 1983.
Lemon Grove Review October 12, 19, 26 & Nov. 2

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
78 14768

The following person has abandoned the use of the fictitious business name HOPE UNLIMITED at 7484 University Ave., Suite D, La Mesa, CA 92041.
The fictitious business name referred to above was filed in San Diego County on 11/22/77.
James A. Williams, 7397 Barker Way, San Diego, CA 92119
This business was conducted by James A. Williams.
(Signed) James A. Williams
This statement was filed with the County Clerk of San Diego County on October 5, 1978.
Lemon Grove Review October 12, 19, 26; November 2, 1978

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 14769

The name of the business is: HOPE UNLIMITED
located at 7484 University Ave., Suite P, in La Mesa, CA 92041 is hereby registered by the following owner:
Patrick Maher, 4383 Rous St., S. D. CA 92122
This business is conducted by an Individual.
Signature of Registrant:
Pat Maher
This statement was filed with the County Clerk of San Diego County on October 5, 1978.
Statement expires Dec. 31, 1983.
Lemon Grove Review October 12, 19, 26; November 2, 1978

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 14771

The following person is doing business as: QUALITY PUMPING & CONCRETE CUTTING at 7075 Central Ave., Lemon Grove, Calif. 92045
Carl Kennie Parker Jr., 7075 Central Ave., Lemon Grove, Calif. 92045
This business is conducted by an Individual.
Signature:
Carl Kennie Parker Jr.
This statement was filed with the County Clerk of San Diego County on October 5, 1978.
Statement expires Dec. 31, 1983.
Lemon Grove Review October 12, 19, 26; Nov. 2, 1978

NOTICE OF TRUSTEE'S SALE
No. 19504
(LOAN No. 202908)

On Nov. 8 1978 at 1:00 o'clock P.M., at the Broadway entrance to the County Courthouse, located at 220 West Broadway, in the City of San Diego, California
LOS ANGELES TITLE AND TRUST DEED COMPANY
as Trustee, under the deed of trust made by WILLIAM E. RISSER and KATHY RISSER, husband and wife, and recorded December 7 1977, as Instrument No. 794, in Book 1977 Page 77-504461 of Official Records of SAN DIEGO County, California given to secure an indebtedness in favor of EDWARD W. DUNN and DIANTHA A. DUNN, husband and wife, by reason of breach of certain obligations secured thereby, notice of which was recorded June 26, 1978, as Instrument No. 1013 in Book 1978 Page 78-265686 of said Official Records.

LOS ANGELES TITLE AND TRUST DEED COMPANY, as Trustee will sell at public auction to the highest bidder for cash, payable in lawful money of the United States at the time of sale, without warranty as to title, possession or encumbrances, the interest conveyed to and now held by said trustee under said deed of trust, in and to the following described property, located in the County of SAN DIEGO State of California, to-wit:

Lot 234, of Spring Valley Homes, Unit No. 3, according to the Map thereof No. 4198, filed in the office of the Recorder of San Diego County on May 27, 1959.

Property more commonly known as: 1651 Tarleton Street, Spring Valley, California

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

For the purpose of paying obligations secured by said Deed of Trust, including fees, charges and expenses of the Trustee, advances, if any, under the terms of said Deed of Trust, interest thereon and $2,476.68 in upaid principal of the note secured by said Deed of Trust, with interest thereon from January 15, 1978 at 10% per annum as in said note and by law provided.

Dated September 29, 1978.
LOS ANGELES TITLE AND TRUST DEED COMPANY,
Trustee.
George L. Marinoff,
President.

R 49155, Spring Valley Bulletin October 12, 19 & 26, 1978

FICTITIOUS BUSINESS NAME STATEMENT
File No. 78 14767

The following persons are doing business as: PACIFIC APARTMENTS at 7449-65 Pacific Ave., Lemon Grove, CA 92045
Darryl C. Rapp, 7855 Hemingway, San Diego
Diane J. Rapp, 7855 Hemingway, San Diego
Marjorie M. Rapp, 4452 51st St., San Diego
This business is conducted by Unincorp. Assn. other than Partnership.
Signed: Darryl C. Rapp
Marjorie M. Rapp
Diane J. Rapp
This statement was filed with the County Clerk of San Diego County on October 5, 1978.
Statement expires Dec. 31, 1983.
R 46082 Lemon Grove Review October 12, 19, 26; Nov. 2, 1978

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 14310

The following persons are doing business as: CAL-WEST, PAINTING & DECORATING at 831 Osage St., San Diego, CA 92114
Julian Ray Hobbs, 831 Osage St., San Diego, CA 92114
Edwin Eugene Schmeltzer, 2842 Skyline Dr., Lemon Grove, CA 92045
This business is conducted as a General Partnership.
This statement was filed with the County Clerk of San Diego County on September 28, 1978.
Statement expires Dec. 31, 1983.
Spring Valley Bulletin October 5, 12, 19 and 26, 1978.

LEGAL NOTICES

NOTICE TO BIDDERS

The Grossmont Union High School District will receive bids on Miscellaneous Supplies and Equipment for:

Automotive, Building Materials, Books and Book Binding, Periodicals and Library, Cafeteria and Home Economics, Carpeting, Custodial, Electrical, Flexible Scheduling, Fuel Oil, Furniture.

Gardening & Grounds, Hardware, Health Services, Industrial Arts, Instructional, Laundry Service, Liquid Petroleum Gas, Lockers, Maintenance Service on Electric Typewriters & Office Machines, Music and Musical Instruments, Office Machines,

Other Maintenance Services, Printing, Rental of Office Machines & Equipment for Office & Instructional Purposes, Sale of Surplus Office & School Equipment, Tires and Tire Recapping,

Tire Leasing, Trailer Towing, Transportation, Uniforms, Band & Choir

Each bid shall be submitted on a form obtained at the Purchasing Department of said District located at 1100 Murray Drive, El Cajon, California; (mailing address: P.O. Box 1043, La Mesa, California 92041); shall be sealed and filed in said Purchasing Department on or before 2:00 P.M. on Nov. 10, 1978 and will be publicly opened and read aloud at that time and place.

The Grossmont Union High Printing, Rental of Office Machines & Equipment for Office & Instructional Purposes, Sale of Surplus Office & School Equipment, Tires and Tire Recapping,

Tire Leasing, Trailer Towing, Transportation, Uniforms, Band & Choir

Each bid shall be submitted on a form obtained at the Purchasing Department of said District School District reserves the right to reject any or all bids, to accept or reject any one or more items of a bid or to waive any irregularities or informalities in the bids or in the bidding.

Affirmative Action Policy: The Affirmative Action policy adopted by the Governing Board of the Grossmont Union High School District on December 15, 1975 requires that a signed copy of the statement below be on file in the Purchasing Department for every person, firm, company or corporation with whom the District does business in the amount of $10,000 or more in a single transaction or accumulative transactions totaling $10,000 or more.

"I hereby certify to the Grossmont Union High School District that I (if an individual) or we (if a company or corporation) do not discriminate against any employee or applicant for employment because of race, color, sex, religion, or national origin."

No bidder may withdraw his bid for a period of thirty (30) days after the date set for the opening of bids.

In the event of identical bids, the Governing Board may determine by lot which bid shall be accepted as per Ed Code 35276.

GROSSMONT UNION HIGH SCHOOL DISTRICT
L. B. Newcomer, District Superintendent, G.U.H.S.D.

Lemon Grove Review, Oct. 26 & Nov. 2, 1978

NOTICE TO BIDDERS

The Grossmont Union High School District will receive bids on Miscellaneous Supplies and Equipment for:

Automotive, Building Materials, Books and Book Binding, Periodicals and Library, Cafeteria and Home Economics, Carpeting, Custodial, Electrical, Flexible Scheduling, Fuel Oil, Furniture,

Gardening & Grounds, Hardware, Health Services, Industrial Arts, Instructional, Laundry Service, Liquid Petroleum Gas, Lockers, Maintenance Service on Electric Typewriters & Office Machines, Music and Musical Instruments, Office Machines,

Other Maintenance Services, located at 1100 Murray Drive, El Cajon, California; (mailing address: P.O. Box 1043, La Mesa, California 92041); shall be sealed and filed in said Purchasing Department on or before 2:00 P.M. on Nov. 3, 1978 and will be publicly opened and read aloud at that time and place.

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GROSSMONT UNION HIGH SCHOOL DISTRICT
L. B. Newcomer, District Superintendent, G.U.H.S.D.

Lemon Grove Review, Oct. 19 & 26, 1978

USE-WANT ADS

469-0101 To Place An Ad 469-0101

CLASSIFIED ADVERTISING LOCAL RATES

PER INSERTION ORDER

TIMES	PER LINE
1 time	.75
2 times	.70
3 times	.65
4 times	.60
5 or more	.55

Minimum charge $1.50

REMEMBER

Tuesday, 12 noon, is deadline for Lemon Grove Review — Spring Valley Bulletin classified advertising, 469-0101.

13 — Employment — Men, Women

Call Thomas & Son For
GARBAGE & TRASH DISPOSAL
287-4230

PAINTER
JOURNEYMAN
area. Reas. rates, all work
Painter, neat, over 15 yrs. in guar. 461-9384 eves.

21 — Apartments—Furnished

Studio, Furnished, utilities paid, suitable for working man or woman. No pets. $155.00. 465-0742.

Mr. A. H. Bilderback
1331 Braddock St., S.D.

Two free games of bowling at LOMITA LANES, 955 Cardiff. Tickets may be picked up at Homeland Publishing Co., 7834 Lester ave., Lemon Grove.

Louis Szuch
3256 Highway Lane, S.V.

will receive two free dinners at Sir George's Smorgasbord House, El Cajon, California if you will come to Homeland Publishing Co., 7834 Lester ave., Lemon Grove for your free dinner certificate.

38 — Listings Wanted

Fill Dirt wanted in south Spring Valley. 462-9377.

41 — Business and Industrial Property

FOR RENT — Commercial Building next to Liquor Store 2766 Citronella Lemon Grove 466-6792

44 — Homes for Sale

Two 2 BR houses in LG
hillside privacy w/view to Helix, anxious to sell or exchange
465-1506

50 — Miscellaneous For Sale

MORSE SEWING MACHINES
Slight Freight Damage
5 new 78 Open Arm zig zags, buttonholes, sews elastic, blind hems, etc. Slight scratches only. Sac. at $64.00 ea. cash or terms 234-3553 anytime dlr.

CRAFT SUPPLY CATALOGUE
The newest and most complete craft catalogue available.
An entire crafts store at your fingertips.
For your copy of our new, illustrated catalogue — send $1 (refundable with first order) to:
TMO
P.O. Box 3336
Scottsdale, Az 85257

68 — Boats & Supplies

26' Thunderbird Sloop,
Cruise Equipped, Catalina Veteran, owner anxious to sell or exchange for 30-40'.
465-1506

81 — Autos—New & Used

1972 FORD RANCHERO
Engine Newly Overhauled.
Good Condition
First $2,400 takes it.
Private Party
Goodwin 469-0101 Daytime.

1971 Fiat Sedan, best offer. 462-9639

WANTED TO BUY
Quality Antique Furniture, Clocks, Dolls, Primitives
465-7830

Our Men and Women in the Service

Vivian S. Pistole

Vivian S. Pistole, daughter of retired Air Force Technical Sergeant and Mrs. Earl E. Smock of 3849 Conrad dr., Spring Valley, has received her first promotion in the U.S. Air Force.

Pistole, promoted to airman, recently completed basic training at Lackland AFB, Texas, and is now assigned to Davis-Monthan AFB, Arizona. She serves as a vehicle operator/dispatcher with a unit of the Tactical Air Command.

The airman is a 1970 graduate of Northwest High School in Indianapolis and studied nursing at the School of Practical Nursing in Indianapolis.

Michael J. Hilton

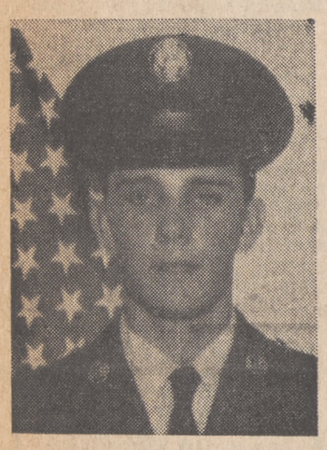
Michael J. Hilton, son of Mrs. Alwyn Willis of 8720 Nueline ave., Spring Valley, has been specially identified for early promotion to senior airman in the U.S. Air Forces.

Airman Hilton was awarded the new rating by a "below-the-zone" promotion board which considered job performance, military knowledge, bearing and self improvement efforts.

Being selected "below-the-zone" means that the individual has been awarded the seniar airman strips up to six months in advance of normal promotion eligibility. Competition in this category is high and reserved for only those airmen who excel on the job and are recommended by their unit commanders.

The airman is a law enforcement specialist at Bellows Air Force Station, Hawaii, and serves with a unit of the Pacific Air Forces.

The airman is a 1972 graduate of Indian River High School, Chesapeake, Va.



David R. Addington

Air Force Reserve Airman David R. Addington, son of Mrs. Lilia B. Addington of 1559 San Altos pl., Lemon Grove, has graduated at Lackland AFB, Texas, from Air Force basic training.

The airman studied the Air Force mission, organization and customs and received special instruction in human relations. Completion of this training earned him individual credits towards an associate in applied science degree through the Community College of the Air Force.

Airman Addington now goes to Keesler AFB, Miss., for specialized training in the avionics systems field.

The airman is a 1978 graduate of Mt. Miguel High School.

Jimmie D. Tehan

Selected for training at Sheppard AFB, Texas, in the transportation field after completing basic training at Lackland AFB, Texas, is Airman Jimmie D. Tehan, son of Jimmie H. Tehan of 3685 Aqua Dulce, Spring Valley.

During the six weeks at Lackland, the airman studied the Air Force mission, organization and customs and received special instruction in human relations. Completion of this training earned the individual credits towards an associate in applied science degree through the Community College of the Air Force.

Airman Tehan is a 1978 graduate of Monte Vista High School.

Edgardo L. Cunamay

Airman Edgar L. Cunamay, son of Mr. and Mrs. Felix S. Cunamay of 2138 Lang ave., Spring Valley, has been graduated at Sheppard AFB, Tex., from the U.S. Air Force technical training course for aircraft maintenance specialists.

Airman Cunamay, who was trained to maintain, repair and service aircraft currently in use by the Air Force, is being assigned to George AFB, Calif., for duty with a unit of the Tactical Air Command. Completion of the course earned the individual credits towards an associate in applied science degree through the Community College of the Air Force.

The airman, a 1971 graduate of Lian Institute, Batangas, Philippines, attended the University of Sto. Tomas, Manila, Philippines.

Mark E. Gendron

Mark E. Gendron, whose wife, Lorie, is the daughter of Don L. and Dorthea Laird of 1429 McKnight, Lemon Grove, has completed the second phase of Platoon Leader Class.

This six-week course is the final increment of a 12-week officer candidate program at Marine Corps Development and Education Command, Quantico, Va. Here students are indoctrinated, motivated and trained for commissioning as Marine second lieutenants. Their curriculum includes leadership, physical conditioning and basic military subjects.

Upon graduation from college, students are commissioned second lieutenants and then attend the Basic School at Quantico.

Willie A. Marshall

Pfc. Willie A. Marshall, son of Mr. and Mrs. Robert E. Marshall, 915 Felicita ave., Spring Valley, is participating with other American and allied troops in "REFORGER '78," NATO's largest yearly exercise, held in Germany.

More than 11,000 soldiers were flown to Germany and some 37,000 tons of equipment and supplies have been shipped from the U.S. for the massive exercise.

REFORGER (Return of Forces to Germany) results from a 1967 agreement between the U.S., United Kingdom and the Federal Republic of Germany. The U.S. agreed to return stateside-based forces to Germany each year for exercises to demonstrate allied solidarity.

The entire exercise emphasizes the orderly disposition of forces and stressed deployment procedures and techniques.

Marshall, a mechanic with the 33rd Armor in Kirch Gons, Germany, entered the Army in April of last year.

He received his high school diploma through the General Educational Development program.

Paul E. Neveu

Pvt. Paul E. Neveu, whose wife, Peggy Ann, lives in Lemon Grove, recently received the Gen. Creighton W. Abrams Award at the end of basic training at Fort Knox, Kentucky.

The award is made to the trainee who best demonstrates leadership ability and professional military performance.

Neveu entered the Army last July. He attended San Diego State University. He is the son of Myrna L. Neveu of La Mesa. His father, Ernest L. Neveu lives in Alpine.

Ronald E. Elshire

Navy Radioman First Class Ronald E. Elshire, whose wife, Glenna, is the daughter of Jack and Audra Blackledge of Spring Valley, has retired from active duty after 20 years of service.

Elshire most recently served aboard the amphibious cargo ship USS Durham, homeported in San Diego. He joined the Navy in June 1958.

Matthew P. Denico

Navy Data Processing Technician Third Class Matthew P. Denico, son of Elmer B. Denico of 8720 Ilidica st., Spring Valley, has reported for duty at the Naval Communications Unit, Washington, D.C. He joined the Navy in January 1973.

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Bank Passbook	$153.80	$199.94	$46.14
Bank 90-Day Acct.	$169.61	$199.94	$30.33

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